



**WAAMH**

Western Australian Association  
for Mental Health

## Values

**Respect** - Understanding that mental health challenges are a normal part of the human condition, having compassion, valuing the dignity, unique qualities, knowledge and experience of each person

**Self-determination** - Upholding the dignity of choice, self-direction, hope for the future and control over our life and destiny

**Inclusion** - Fostering engagement, collaboration and partnership, encouraging diversity, listening

**Integrity** - Acting with authenticity and curiosity, being prepared to question and critique, critically consider evidence, pursuing excellence

**Courage** - Being persistent, tenacious and steadfast in pursuing WAAMH's vision and values whilst acting with humility

## Objects

The Objects of The Association are:

1. to be the representative peak body in Western Australia for community managed organisations supporting people with lived experience of mental health issues and suicide;
2. to provide systemic advocacy, develop and contribute to policies on behalf of people with a lived experience, and of the community managed organisations that support them;
3. to promote mental health and positive attitudes to people with a lived experience in the wider community;
4. to provide assistance, relief, mental health information, resources and referral services for people with a lived experience;
5. to support, resource, educate, train and inform community managed organisations, individuals and the community to progress recovery and active citizenship of people with lived experience;
6. to promote, demonstrate and foster lived experience partnership in policy, planning, and service delivery
7. to facilitate collaboration between community managed organisations, other community, government and private sector organisations and co-operate with relevant national and international bodies to the benefit of people with a lived experience
8. to promote research into all areas of mental health and psychosocial disability

Peak body representing the community-based mental health sector in WA.

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