



## REGULATED RESTRICTIVE PRACTICES

### for Implementing Providers in WA

Under the NDIS Commission, [Restrictive Practices](#) are any practice put in place to protect the Participant and others from harm, and which may impinge on the rights, or freedom of movement of a Participant. The Restrictive Practices described below are *regulated* at the Federal, State and Territory levels to support the reduction and eventual elimination of their use.

**Safeguarding measures implemented by psychosocial support providers may be considered Restrictive Practices under the NDIS Commission.**

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Under the [National Disability Insurance Scheme \(Restrictive Practices and Behaviour Support\) Rules 2018](#) certain Restrictive Practices are subject to regulation.

#### Regulated Restrictive Practices include:

**Seclusion:** the confinement of a participant in a physical space where voluntary exit is prevented, not facilitated, or it is implied that voluntary exit is not permitted.

**Chemical restraint:** the use of medication or chemical substance for the purpose of influencing a person's behaviour. This does not include the use of medication prescribed by a medical practitioner for the treatment of a diagnosed mental disorder or physical condition.

**Mechanical restraint:** the use of a device to prevent or restrict movement with the primary purpose of influencing a person's behaviour. This does not include the use of a device for therapeutic or non-behavioural purposes.

**Physical restraint:** the use of physical force to prevent, restrict or subdue movement of a person's body, with the purpose of influencing their behaviour. This does not include the use of a hands-on technique in a reflexive way to guide or redirect a person away from potential harm/injury.

**Environmental restraint:** restricting a person's free access to all parts of their environment, including activities.

An **Implementing Provider** is an NDIS provider that uses any defined Regulated Restrictive Practice when delivering NDIS supports. The NDIS Commission expects all Implementing Providers to work towards the elimination of Restrictive Practices.

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#### Implementing Providers must:

- Be registered as an Implementing Provider and meet the relevant NDIS Practice Standards including Module 2A
- Facilitate the development of a Behaviour Support Plan (BSP) by an NDIS approved Behaviour Support Practitioner for all ongoing regulated Restrictive Practices
- Govern and convene a Quality Assurance Panel to authorise any Restrictive Practices in the BSP
- Train and support workers to identify Restrictive Practices, use Restrictive Practices as prescribed in the BSP and implement proactive behaviour support strategies
- Ensure all the [principles for use of Restrictive Practices](#) are upheld, including the least Restrictive Practice possible as a last resort, for the shortest time possible
- Report monthly to the NDIS Commission on the use of authorised Restrictive Practices and notify the NDIS Commission in the event of unauthorised use of Restrictive Practices
- Make safeguarding policies and procedures accessible to workers, Participants, guardians and supports
- Document and support continuous quality improvement initiatives to reduce and eliminate Restrictive Practices

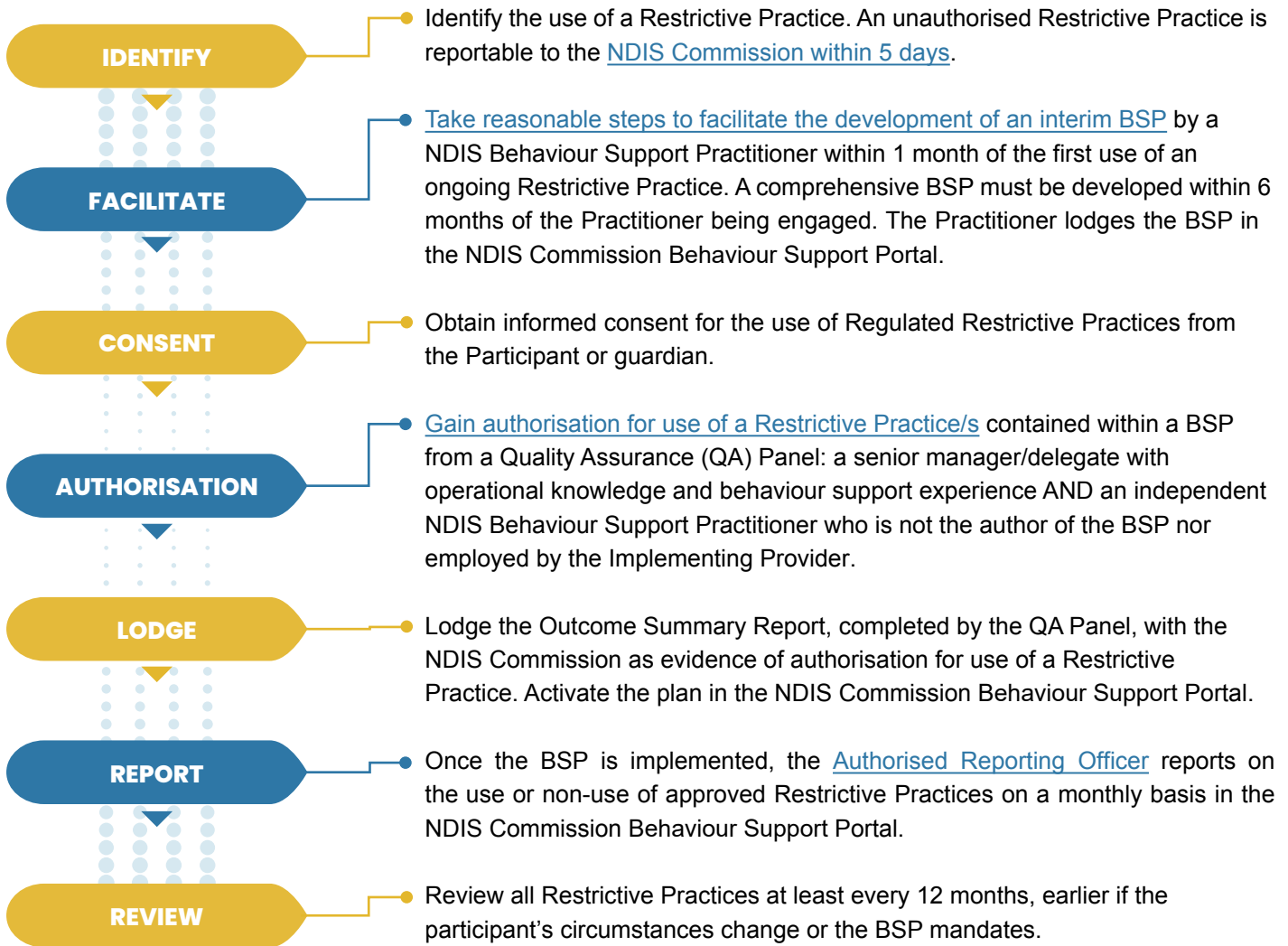




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### Actions for Implementing Providers to use Regulated Restrictive Practices



### For support and queries concerning Regulated Restrictive Practices contact:

[WABehaviourSupport@ndiscommission.gov.au](mailto:WABehaviourSupport@ndiscommission.gov.au)

Refer to the [Regulated Restrictive Practices Guide](#) or [ndiscommission.gov.au](http://ndiscommission.gov.au)

### For questions about the Authorisation of Restrictive Practices in WA contact:

[arp@communities.wa.gov.au](mailto:arp@communities.wa.gov.au)

Refer to [The Procedure Guidelines for Authorisation of Restrictive Practices](#) and [wa.gov.au](http://wa.gov.au) for more resources

Further Resources available at <https://waamh.org.au/ndis>