## A COLLABORATIVE APPROACH TO CAPACITY BUILDING IN THE WA NDIS MY WAY TRIAL SITES



Western Australian Association for Mental Health

## **COMMUNITY OF PRACTICE**

### **SESSION OUTLINE**

- Introductions, explanation of Jane and Coralie roles.
- What is this project all about and why are we doing it?
- What is a Community of Practice ?
  - Our assumptions
  - How is the project going to work
  - Theory of change
  - Logic Model
- Establish Terms of Reference.
- Introduction to our 'Information Technology'
- Today's topic focus: Eligibility and Access.



#### **Project Overview**

 Establish a learning network to increase the knowledge and skills of all stakeholders to improve their responsiveness to the daily living support needs of individuals with a psychosocial disability within the WA NDIS My Way trial site.



#### What is a Community of Practice

'Despite current ads and slogans, the world doesn't change one person at a time. It changes as networks of relationships form among people who discover they share a common cause and vision of what's possible.'

The Berkana Institute



#### C of P continued

A community of practice is:-

'Groups of organisations and/or individuals come together with the express purpose of learning together, from one another'

Myrna P, Keast R & Brown K ' The Importance of a New Kind of Learning in Collaborative Networks



## Assumptions underpinning the development of our C of P

- That we share a common problem.
- That we can't meet our interests working alone.
- We all hold a commitment to change.
- We are all willing to make new ways of thinking and behaving.
- We are willing to make changes in systems of operation and service delivery.
- We want to gain new types of knowledge from our interactions.



#### Theory of Change



- Challenge thinking and language.
- Confront systems silos.
- Provide new knowledge and tools.

Change in thinking as to how individual with psychosocial disability sits within the NDIS.

Change in behaviours.

Recovery orientated and whole of system, new and improved ways of responsiveness.



#### What is this C of P going to do?

- Gather 6 times.
- Through facilitation and structure explore 'topic's'.
- Capture what you know in topic briefing papers.
- Be a central outlet for the interface of information from 'the' other projects.
- Use technology to exchange information.



#### Logic Model



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#### Terms of Reference

- Attend bi-monthly meetings.
- Commitment to reciprocity.
- Commitment to the development of trust.
- Participate in discussion 'get to the heart of the matter'.
- Come prepared.
- Develop a shared meaning and language.
- Learn new skills and ways of behaving.
- Develop a personal and group action list at the end of each gathering.

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#### Information Technology

- This will be a work in progress and we are looking a some options.
- Loomio
- Livescribe
- Survey Monkey



#### **Topic Discussion Ground Rules**

- Want meaningful and honest discussion.
- Want to get to the heart of the matter, with proficiency and respect.
- Full and active participation.
- Application of systems perspective and action learning.



Mental Health & Smoking: Clearing the Air Workshop 14 Oct 2010

#### **Eligibility and Access**

# 1. What are the rights questions to be asking, about this?



#### **Future Topics**

- Core principles
- Communication
- Access and eligibility
- Planning supports and pricing
- Interface with other services
- Safeguards
- Capacity building
- Others???



#### **Next Steps**



- Information circulation what to expect.
- Next gathering date, time, location.
- Confirmation of membership.
- Anyone else to invite?
- Terms of reference.
- Next two topics.
- Any changes to the process?
- Actions to be undertaken.





