



**WAAMH**

**Western Australian Association  
for Mental Health**

# **FIND COMMUNITY MENTAL HEALTH SUPPORTS NEAR YOU:**

**[waamh.org.au/support](http://waamh.org.au/support)**

**Emergency services: 000 | Lifeline: 13 11 14 | Kids Help Line: 1800 551 800**

**Mental health emergency response line: 1300 555 788 (metro) or 1800 676 822 (Peel)**



**FAMILY & CARER SUPPORT**



**COUNSELLING SERVICES**



**PERSONALISED SUPPORT**



**INDIVIDUAL ADVOCACY**



**MUTUAL SUPPORT &  
SELF-HELP GROUPS**



**MENTAL HEALTH  
SECTOR DEVELOPMENT**



**MENTAL HEALTH PROMOTION**



**ALCOHOL & OTHER  
DRUGS SERVICES**



**MENTAL ILLNESS PREVENTION**



**EDUCATION EMPLOYMENT  
& TRAINING**



**STAFFED RESIDENTIAL  
SERVICES**



**SERVICE COORDINATION**



**SOCIAL & RECREATIONAL  
ACTIVITIES**



**WORKPLACE & WELLBEING**



**YOUNG PEOPLE & SCHOOLS**



**08 6264 3000**



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**[waamh.org.au](http://waamh.org.au)**

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**@MentalHealthWeekWA**

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