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COMEDY

LAUGHTER STILL BEST FOR HEALTH

MENTAL Health Week 2015 will open with a laugh, as Perth Theatre Trust presents *Stand Up! For Comedy* at His Majesty's Theatre on October

2. The evening will feature comedians Joel Creasey, Andrew Horabin, Ciaran Lyons, Ivan Aristeguieta and other special guests.

Applecross boy Creasey said as a stand-up comedian, depression was something that affected many of his peers.

"So it's great to be able to give back in this tiny way," he said.

"Laughter is the best medicine, as cliched as that sounds."

Perth Theatre Trust acting general manager Rudi Gracias said the event marked the first time the Trust had

partnered with the WA Association for Mental Health.

"The Trust is proud to be working with the WA Association for Mental Health and supporting an important community event, which raises awareness about mental health issues," he said.

Mental Health Week runs from October 2 to 10 and aims to raise awareness, reduce stigma and promote mentally healthy communities.

Part proceeds from the comedy night will go to the WA Association for Mental Health to reinvest in community mental health.

Tickets at www.ticketek.com.au.



28 Jul 2015

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Laughter the best medicine for comic Creasey

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For tickets for Stand Up! For Comedy, visit www.ticketek.com.au.