



**WAAMH**

Western Australian Association  
for Mental Health

**MEDIA RELEASE**

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### **2020 WA Mental Health Awards winners announced**

The Western Australian Association for Mental Health (WAAMH) congratulates the winners of the 2020 WA Mental Health Awards.

The Awards, which are presented by WAAMH and the WA Mental Health Commission, recognise the individuals and organisations that made outstanding contributions to mental health in the calendar year of 2019 through excellence, innovation, and initiative.

WA Association for Mental Health Chief Executive Officer, Taryn Harvey, said the Awards are a stand-out event for the mental health sector in WA.

“We are thrilled to once again host the WA Mental Health Awards, along with our presenting partners, the WA Mental Health Commission.

“The Awards celebrate the organisations and individuals who are doing incredible work to keep people here in WA mentally well, which is work that can often go unrecognised.

“We have a sector full of quiet achievers, and the Awards are our chance to shine a light on their achievements and celebrate the passionate, hard-working and innovative mental health sector we’re so lucky to have in WA.”

The 2020 WA Mental Health Awards, held last night at the Hyatt Regency in Perth, featured eight categories, including the Chamber of Minerals and Energy Mentally Healthy Workplace award, the Mental Illness Fellowship of WA Volunteer or Employee Excellence Award and the News Media Award.

“Mental health is everyone’s business and should be high on our agenda across the board. The WA Mental Health Awards recognise individuals and organisations from a diverse range of sectors for exactly this reason – mental health should be championed in the workplace, schools, community groups.

“The number of nominations we received this year for those categories outside of mainstream or traditional mental health settings tells us that this message is being received, and people are taking steps to support and grow good mental health where they live, learn, work and play,” Ms Harvey said.

More than 160 nominations were received across the eight Awards categories and were judged by a panel that included mental health sector employees, mental health lived experience consumers and carers, and WA Mental Health Commission representatives.

The winners for the 2020 WA Mental Health Awards are:

- **Mercy Community Services and Ruah Community Services** (dual winners) – WA Mental Health Commission Innovation for change Award
- **South West Aboriginal Medical Service** - Even Keel Bipolar Association Diversity Award

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Peak body representing the community-based mental health sector in WA.

- **Lorenzo Martinez** - Act-Belong-Commit Mental Health Volunteer or Employee Excellence Award
- **The Wellbeing Zone** - Lifeline WA Promotion and Prevention Award
- **North Albany Senior High School** and **Ocean Road Primary School** (dual winners) - Commissioner for Children and Young People Mentally Healthy Education Award
- **Sodexo** - Chamber of Minerals and Energy Mentally Healthy Workplace Award
- **Virginia Catterall** - Mental Illness Fellowship of WA Lived Experience Impact and Inspiration Award
- **Out in Perth** - News Media Award

#### Media contacts

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