



Media release

11 September 2017

## MENTAL HEALTH WEEK GRANT RECIPIENTS ANNOUNCED

The recipients of the 2017 WA Mental Health Week community grants have been announced, with 33 groups overall, including 21 regional groups, receiving funding towards their event to be held during the week.

Every year, the Western Australian Association for Mental Health (WAAMH), Mental Health Commission and Lotterywest make grants available to community organisations to contribute to the cost of hosting their own events during Mental Health Week to ensure the positive mental health message is spread far and wide.

This year's grant recipients are:

- Bay of Isles Community Outreach (BOICO)
- Beeliam Community Voice- Residents Association
- Bindoon Mobile Recovery Campaign (Inc)
- Choose Life Carnarvon Suicide Prevention Network
- Community Health
- Embody Life Studio
- Enable WA Inc
- Glen Forrest Primary School P&C
- Goomalling Community Resource Centre
- Kalgoorlie-Boulder Community High School
- Men's Resource Centre (Inc)
- MIFWA Lorikeet Centre
- Mukinbudin Planning & Development Group Inc.
- North Metro Community Alcohol and Drug Service
- Nungarin Community Resource Centre Inc
- Perth Active Depression Support Group (Community Night)
- Perth Active Depression Support Group (Volunteers)
- Pharmacy 777 Nollamara
- Relationships Australia WA (headspace Bunbury)
- Richmond Wellbeing
- Rise Network
- Shire of Collie Youth Advisory Committee
- Shire of East Pilbara
- South West Aboriginal Medical Service
- St John Ambulance WA
- St John of God Hospital Midland
- St Joseph's Parish Manjimup
- St Vincent de Paul Society (WA)
- Tender Care

Peak body representing the community-based mental health sector in WA.

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- Victoria Park Physiotherapy
- Wellstead Community Resource Centre Inc
- Westonia Community Resource Centre Inc.
- Youth Involvement Council on behalf of Hedland Youth Stakeholders Action Group

This year marks the 50<sup>th</sup> anniversary of Mental Health Week, running from October 7-14, which promotes positive mental health in the community and breaks down the stigmas of the past. It will include more than [45 events and activities across the State](#). A series of events will run in metropolitan Perth alongside a regional events program.

WAAMH CEO Rod Astbury said he was heartened to see such strong interest in running community events, including many from community groups in regional WA, made possible through the generous support of Lotterywest.

"This year, we are really putting the spotlight on improving the mental health of all people across our vast state, especially regional areas," Mr Astbury said.

"WA has a need perhaps more than any other state to breach the enormous physical distances that separate us, so that the Mental Health Week message reaches everyone. This starts with the Opening Ceremony to be held in Kalgoorlie on October 7, followed by all the great events being held in the week following by community groups in towns such as Broome, Narrogin, Albany and Port Hedland," said Mr Astbury.

"Many of these regional events are an opportunity to start a conversation about mental health in the community and for people to learn about and connect with local mental health service providers if they have concerns about their own wellbeing or that of someone they know," he said.

## Fact file

- Mental Health Week is being held from October 7-14, 2017
- For more events and information, visit [mhw.waamh.org.au](http://mhw.waamh.org.au)
- A [full listing of events](#) during the week
- Facebook: @mentalhealthweek, Instagram: @mentalhealthweekwa
- Twitter: #MHW2017 and #MHWTURNS50
- In WA, Mental Health Week is presented by the Mental Health Commission in partnership with the Western Australian Association for Mental Health
- One in five people experiences mental health issues
- Mental health issues cost the Australian economy \$60 billion per annum
- Four out five people who need community mental health support in WA are currently unable to access the support they need

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## About WAAMH

The Western Australian Association for Mental Health (WAAMH) is the peak body representing WA's community mental health sector, with close to 200 organisational and individual members. WAAMH advocates for effective public policy on mental health issues, delivers workforce training and sector development, and promotes positive mental health and wellbeing. Further information at [www.waamh.org.au](http://www.waamh.org.au)

## Media contacts

WAAMH has a database of people with a lived experience of mental health conditions and mental health service providers available for interview in the lead-up to 2017 Mental Health Week. Please contact the PR Manager below for details.

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