



Position description: Wellness Responder

Our role as a training provider

In line with our commitment to provide trauma-informed training and events, we have introduced the role of a Wellness Responder to be a dedicated support person at every training session and select events.

We recognise that training content, particularly when related to sensitive topics like mental health, can sometimes trigger emotional or physical responses in participants. In these instances, a Wellness Responder is available to offer a calm presence and supportive guidance.

The role of a Wellness Responder

While Wellness Responders are not counsellors or medical professionals, they play a key role in supporting participants' wellbeing by:

- remaining vigilant throughout the duration of the training session to monitor participants for signs of mental, emotional or physical distress;
- when necessary, guiding distressed participants to a quiet space where they can process their thoughts, debrief or regain their composure;
- when necessary, providing appropriate resources or contacts for follow-up support; and
- documenting any incidents that occur and reporting them to the Training Manager promptly.

Requirements of the position

Wellness Responders must exemplify the qualities of safety, trust, respect and empathy. It is critical to always maintain professional boundaries, while adapting to the needs of training participants.

Applicants for this position must meet the following criteria (or be willing to obtain these certifications at their own expense):

- hold a valid ABN;
- have both Mental Health First Aid and First Aid certification; and
- have access to transport to reach training locations across the Perth metro area.

Please note - this is a contract position, requiring flexible availability for up to 3 days per month on an ongoing basis.

How to apply

To express your interest in becoming a Wellness Responder, please forward a copy of your resume to our Training Manager, Vanessa Cullen, at training@waamh.org.au.