Board Nominations

Vote for 2027 Board Members at our AGM | November 27

List of WAAMH Board of Directors Nominations

Voting takes place in person at our AGM on November 27.



Sofia Erhard

I am the Chief Financial Officer at Amity Health, bringing extensive experience in strategic financial leadership, operational efficiency and digital transformation across the public and not-for-profit sectors.
I am a member of Chartered Accountants Australia and New Zealand and hold a Master of Accounting and a bachelor's degree in economics. My 6.5 years with Luma Perth, one of Australia's largest not-for-profit organisations specialising in women's health and wellbeing, strengthened my passion for the health and community services sectors and reinforced my commitment to purpose-driven organisations.

Throughout my career, I have focused on strengthening financial sustainability, improving organisational systems and enabling informed, strategic decision-making. I am particularly passionate about using innovation and technology to streamline business processes, enhance service delivery and support sustainable organisational growth.

I also bring previous board experience as Treasurer of the Cycling Development Foundation, which has provided practical experience in governance, financial stewardship, strategic oversight and the responsibilities and accountabilities of board membership.

I would welcome the opportunity to bring my financial, strategic and governance experience to the Board and to contribute to its purpose, sustainability and future direction.



Ben Smith

Ben is the Chief Executive Officer of alcohol and other drugs and mental health support service, Holyoake. As a recognised business growth executive he has led some of Australia's fastest growing consumer goods brands including frank green, 2XU and Poppy Lissiman.

Working across America, Europe, Asia and Australia in the private, public and not for profit sectors, he is passionate about unearthing new growth opportunities that deliver meaningful community impact and leading high performing teams.

He holds several degrees including dux honours, is an alumnus of Leadership WA's Signature Program, a Business News 40 Under 40 winner, and is an elected Board Director of the Western Australian Association for Mental Health (WAAMH).

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Western Australian Association for Mental Health

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Danielle Darragh

Danielle is a highly experienced leader with more than 20 years' experience across the mental health, education and community services sectors. She has worked with Helping Minds for over 15 years and currently serves as Executive Child, Youth and Family Services, leading a statewide portfolio spanning family and carer support, health promotion, advocacy, and services for children and young people at risk of developing mental health challenges.

Danielle is recognised for her strategic leadership and commitment to strengthening community mental health systems. She brings extensive expertise in organisational strategy, service design, quality improvement, accreditation, workforce development and stakeholder engagement. Through leading services across metropolitan, regional and remote Western Australia, she has developed a deep understanding of the opportunities and challenges facing diverse communities and the importance of accessible, person-centred support.

A passionate advocate for prevention, early intervention and family-inclusive practice, Danielle has dedicated her career to improving outcomes for children, young people, families and communities. She contributes to a range of mental health partnerships, consortiums and advisory groups, supporting collaboration and innovation across the sector.

Danielle is committed to ensuring community voice informs service design and looks forward to bringing strategic, collaborative and values-driven leadership to the WAAMH Board.



Monique Williamson

Monique Williamson is CEO of Mental Illness Fellowship Western Australia (MIFWA), and through MIFWA, is a member of the national organisation Mental Illness Fellowship of Australia (MIFA). Monique has a Masters in Social Change and Development and recently completed her MBA.
She has worked in community services since 1990, in both the NGO and public sectors in WA.

Monique was the inaugural Chairperson of the Mental Health Commissions Individualised Community Living Strategy Panel. It was exploring this new innovative funding model for people who had been living long term in hospital that sparked her interest in contributing to improvements in the mental health sector.

As MIFWA's CEO, Monique works alongside people and their families, staff, volunteers, and the Board of Management to develop and implement support and services for people experiencing mental health challenges. Monique has a long-standing interest in services designed through deeper understanding of community need and particularly working with individuals and families to co-design effective individualised support and services.

Monique is passionate about mental health reform, and building a service system that is humane, responsive and expedites personal recovery.

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Sarah Toovey

Sarah Toovey is an experienced board director and executive leader who brings a deep understanding of mental health gained through both professional and lived experience. She is a graduate of the Australian Institute of Company Directors and has served on the boards of Community Legal WA and Community Legal Centres Australia, including as Chair of the Risk Committee for Community Legal WA.

As a director, Sarah is known for asking thoughtful questions, testing assumptions, and encouraging strategic thinking. She values good governance as a tool for achieving better outcomes for communities and believes boards are most effective when they balance accountability with curiosity, innovation, and future-focused leadership. In her current role as Acting Chief Operating Officer at Ruah Community Services, Sarah provides strategic leadership across mental health, housing, family violence, and legal service portfolios.

Sarah is passionate about strengthening Western Australia's mental health sector and ensuring that the voices and experiences of people with lived experience continue to inform strategy, policy, and service delivery.



Anousha Wootton

Anoushka Wootton is the General Manager – Western Australia Operations (Lived Expertise) for Mind Australia. Anoushka is passionate about community-led and data driven approaches to mental health and wellbeing, operating from the knowledge that services that uphold human rights, and are led by the communities they serve, create sustainable positive impact on the mental health and wellbeing for individuals, families; their communities.

Combining senior operational leadership and lived expertise, Anoushka brings considerable experience in operationalising and governing safe and effective specialist community mental health services that prioritise connection, agency, and opportunity. Anoushka is a member of the Steering Committee for WA4Human Rights.

Anoushka holds a Bachelor of Applied Social Science and over 16 years professional experience in design and delivery and leadership of community mental health services with a particular interest in adolescent and young person mental health. Anoushka is portfolio holder for Mind's national youth practice stream and brings specialist knowledge and experience in the mental health and wellbeing of LGBTIQA+ communities.

With a proven track record in large scale project management and sophisticated budget control, Anoushka is interested in the opportunity for the NGO community mental health sector to build data-driven transformational approaches to building community mental health and wellbeing.

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Western Australian Association for Mental Health

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Angela Wright

Angela Wright is an experienced health executive and Board Member with more than 20 years' experience across mental health, primary health, ambulance, aged care and community-based services in Western Australia. She is currently Chief Operating Officer of Youth Focus, WA's leading youth mental health provider, with executive responsibility for clinical and non-clinical operations, governance, service development, organisational performance and translation of strategy into sustainable service delivery.

Angela brings substantial governance and regulatory experience through nine years on the Paramedicine Board of Australia and membership of a range of national regulatory committees. Her board experience encompasses strategic oversight, professional regulation, risk, quality and safety, finance, complex decision making and regulatory compliance. Her career spans senior leadership roles with the Mental Health Commission, Oryx Communities, Royal Flying Doctor Service and St John WA, providing a broad perspective on the interfaces between government, community-managed organisations, health services and consumers.

Angela is passionate about accessible, high quality and person-centred mental health care. She would bring to the WAAMH board strong governance capability, contemporary operational insight and a practical understanding of the opportunities and challenges facing western Australia's community managed mental health sector, supporting WAAMH's focus on advocacy, collaboration, sector development and improved outcomes for people and communities.

Register your attendance to vote:

All members are welcome to attend, however, only full organisational and full individual members are eligible to nominate for board positions and vote.
If you are a full member but cannot attend, you may send a proxy to vote on your behalf by completing the Appointment of a Proxy to Vote form.

It is free to attend the AGM, however, registration is required.
Please register by clicking the button below by Tuesday November 24.

Register Now

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