



PROGRAM - DAY ONE

19 NOVEMBER 2019



8am	Registrations open in Hyatt Foyer
8:50am	Ballroom doors open Main Plenary in Hyatt Ballroom
9am	Welcome to Country with Shaun Nannup
9:15am	Master of Ceremonies Amberly Lobo welcome
9:20am	Deputy Premier Minister for Health; Mental Health The Hon. Roger Cook
9:35am	Keynote: Dr Sebastian Rosenberg
10:10am	Aboriginal and Torres Strait Islander - Social and Emotional Wellbeing Panel facilitated by Vicki O'Donnell

10:40am-11am MORNING TEA

	LIVE, LEARN, WORK, PLAY Plaza 3 (Lower Level)	SERVICE INTEGRATION Ballroom	BALANCING THE SYSTEM Plaza 1 (Lower Level)	RECOVERY & WELLBEING Freshwater Bay
11:05am	Iain Shields – Our Choice, Our Sense of Belonging, Our Citizenship Alison Paterson - Supportive Landlords Kate Davis, Vachel Spirason, Colin Penter - Evictions Fallout: The mental health impacts of eviction and fear of eviction	Dr Helen Milroy	Louise Howe and Margaret Doherty - Working Together: moving from “doing to and for” to “doing with” Consumers of Mental Health WA - Alternatives to Emergency Departments Tracey Hennessy and Aimee Sinclair - The fine balance of peer work	Saima Khan – I am not my illness: identity, mental health and stigma Lucy Jestin and Richelle Searles - Be Well: Offering support and hope for those living with severe and persistent mental illness Michael Sheehan – Creating compassionate environment for recovery to flourish

12:30-1:25pm LUNCH

1:30pm 1:35pm	Main Plenary in Hyatt Ballroom Western Australian Association for Mental Health chief executive officer Taryn Harvey Australian tennis champion and author Jelana Dokic shares her personal story Questions and Prize Wall			
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	LIVE, LEARN, WORK, PLAY Plaza 3 (Lower Level)	SERVICE INTEGRATION Freshwater Bay	BALANCING THE SYSTEM Plaza 1 (Lower Level)	RECOVERY & WELLBEING Ballroom
2:20pm	Katie Curo - Activities aren't relationships, social identity approach Rahul Seth - The importance of community & social connection for wellbeing Huia and Lisa - Volunteering does good	Anabelle May - Crossing Complex Borders Mark Edmunds, Virginia Catterall - The Start Court Angie Perkins - Dual Diagnosis, Family Violence, Crisis Housing	Samara Clark and Andrew Kazim - headspace Pilbara: journey of co-design Gemma Davis - Capacity building in the Pilbara Christine Hendricks - Social prescribing	Aboriginal comedian Steph Tisdell, Comedy Coping Workshop

4:20-4:35pm AFTERNOON TEA

4:40pm 5pm 5:30pm	Closing remarks for Day One in Main Plenary in Hyatt Ballroom Delegate meet up in the Hyatt Foyer WAAMH MEMBERS ONLY SUNDOWNER – TICKETED EVENT – HYATT POOLSIDE			<i>Avivo Wellbeing Room can be found in the Mosman Room near the main foyer</i>
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PROGRAM - DAY TWO

20 NOVEMBER 2019



8:30am
9am
9:10am
9:45am
10:10am

Main Plenary in Hyatt Ballroom
Ballroom Doors Open
Day Two Welcome
Keynote: Matt Ball, Humane Clinic
Keynote: Di Wilcox, The Magic Coat
Prize wall

10:15am-10:35am **MORNING TEA**

LIVE, LEARN, WORK, PLAY

Plaza 3 (Lower Level)

SERVICE INTEGRATION

Ballroom

BALANCING THE SYSTEM

Plaza 1 (Lower Level)

RECOVERY & WELLBEING

Freshwater Bay

11:05am

Individual Placement & Support

Janelle Mort - Strengthening our community by supporting our staff

Lena Wicha- Applying SMART work design model to prevent mental ill-health and improve employee wellbeing

Liz McLeod - East Metro Health Service perspective

Monique Williamson - the critical role of peer support the value Lorikeet offers the community

Lucia Ferguson and Susanne Stanley - The Wellness Clinic, a model of integrated care for people with complex mental illness

Kimberley Smith - Medical student's mental health education: opportunities for transformational change

Liza Seubert and Carli Sheers - Strengthening Consumer Voice: using stories to educate and shift mental health stigma

Andrew Page and Geoff Hooke - Enhancing routine feedback to prevent self-harm within inpatient care

Kathryn Falloon - Why use a collaborative positive behaviour support approach for complex needs

Kate Purcell - Overcoming stigma

Sonia Neale - Borderline Personality Disorder: a treatable disorder

Dr Sheila Mortimer-Jones - Staff and client perspectives of the open borders program for people with BPD

Katherine Walpole - Validation & Connection: How the arts contributed to my BPD recovery

12:15-1:15pm **LUNCH**

LIVE, LEARN, WORK, PLAY

Plaza 3 (Lower Level)

SERVICE INTEGRATION

Ballroom

BALANCING THE SYSTEM

Plaza 1 (Lower Level)

RECOVERY & WELLBEING

Freshwater Bay

1:20pm

Phoebe Joyce - Helping school communities to be well and stay well

Kemi Wright - Move your Mind: embedding clinical exercise physiology within a mental health service

Jodie Papiccio - Communities where friendships flourish

YOUTH AFFAIRS COUNCIL OF WA - Social Determinants Workshop

Factors why LGBTQIA+ CaLD and Aboriginal and Torres Strait Islander young people experience poorer mental health outcomes.

Pamela Griffiths - Just the Mother

Monique Platell - Principles of optimal mental health care for adolescents and the impact of system-wide barriers

Navneet Juri - Spirituality and mental health

Aboriginal Health Council of WA Rob McPhee - Social and Emotional Wellbeing Model of Care

Joanne Newman - Trauma, hearing voices and compassion for change

2:30pm-2:50pm **AFTERNOON TEA**

2:55PM
3pm
3:15pm
4pm
4:15pm

Main Plenary in Hyatt Ballroom
Prize wall
Auditor General Caroline Spencer
ALL STARS PANEL: What have we learnt and where to from here? Featuring: All keynotes plus more
Gold Sponsor Avivo Closing Speech
Closing remarks

Avivo Wellbeing Room can be found in the Mosman Room near the main foyer