



# PROGRAM - DAY ONE

## 19 NOVEMBER 2019



8am Registrations open in Hyatt Foyer  
 8:50am Ballroom doors open  
**Main Plenary in Hyatt Ballroom**  
 9am Welcome to Country with Shaun Nannup  
 9:15am Master of Ceremonies Amberly Lobo welcome  
 9:20am Deputy Premier Minister for Health; Mental Health The Hon. Roger Cook  
 9:35am Keynote: Dr Sebastian Rosenberg  
 10:10am Aboriginal and Torres Strait Islander - Social and Emotional Wellbeing Panel facilitated by Vicki O'Donnell

### 10:40am-11am MORNING TEA

	LIVE, LEARN, WORK, PLAY Plaza 3 (Lower Level)	SERVICE INTEGRATION Ballroom	BALANCING THE SYSTEM Plaza 1 (Lower Level)	RECOVERY & WELLBEING Freshwater Bay
11:05am	Iain Shields – Our Choice, Our Sense of Belonging, Our Citizenship  Alison Paterson - Supportive Landlords  Kate Davis, Vachel Spirason, Colin Penter - Evictions Fallout: The mental health impacts of eviction and fear of eviction	Dr Helen Milroy - Understanding Trauma, trauma-informed approaches and collaborative systems	Louise Howe and Margaret Doherty - Working Together: moving from “doing to and for” to “doing with”  Rhianwen Beresford - Consumers of Mental Health WA - Alternatives to Emergency Departments  Tracey Hennessy and Aimee Sinclair - The fine balance of peer work	Saima Khan – I am not my illness: identity, mental health and stigma  Lucy Jestin and Richelle Searles - Be Well: Offering support and hope for those living with severe and persistent mental illness  Michael Sheehan – Creating compassionate environment for recovery to flourish

### 12:30-1:25pm LUNCH

1:30pm **Main Plenary in Hyatt Ballroom**  
 1:35pm Western Australian Association for Mental Health chief executive officer Taryn Harvey  
 Australian tennis champion and author Jelena Dokic shares her personal story  
 Questions and Prize Wall

	LIVE, LEARN, WORK, PLAY Plaza 3 (Lower Level)	SERVICE INTEGRATION Freshwater Bay	BALANCING THE SYSTEM Plaza 1 (Lower Level)	RECOVERY & WELLBEING Ballroom
2:20pm	Katie Curo - Activities aren't relationships, social identity approach  Rahul Seth - The importance of community & social connection for wellbeing  Huia McGlinchey and Lisa Begley - Volunteering does good	Anabelle May - Crossing Complex Borders  Mark Edmunds, Virginia Catterall and Theo Semutu - The Start Court  Angie Perkins and Anna Scott - Dual Diagnosis, Family Violence, Crisis Housing	Samara Clark and Andrew Kazim - headspace Pilbara: journey of co-design  Gemma Davis - Capacity building in the Pilbara  Christine Hendricks and Antonella Segre - Social prescribing	Aboriginal comedian Steph Tisdell, Comedy Coping Workshop

### 4:20-4:35pm AFTERNOON TEA

4:40pm Closing remarks for Day One in Main Plenary in Hyatt Ballroom  
 5pm Delegate meet up in the Hyatt Foyer  
 5:30pm WAAMH MEMBERS ONLY SUNDOWNER – TICKETED EVENT – HYATT POOLSIDE

*Avivo Wellbeing Room can be found in the Mosman Room near the main foyer*



Government of Western Australia  
Mental Health Commission



[waamh.org.au/conference](http://waamh.org.au/conference)



@TheWAAMH





# PROGRAM - DAY TWO

## 20 NOVEMBER 2019



8:30am Main Plenary in Hyatt Ballroom  
 Ballroom Doors Open  
 9am Day Two Welcome  
 9:10am Keynote: Matt Ball, Humane Clinic  
 9:45am Keynote: Di Wilcox, The Magic Coat  
 10:10am Prize wall

### 10:15am-10:35am MORNING TEA

	LIVE, LEARN, WORK, PLAY	SERVICE INTEGRATION	BALANCING THE SYSTEM	RECOVERY & WELLBEING
	Plaza 3 (Lower Level)	Ballroom	Plaza 1 (Lower Level)	Freshwater Bay
10:40am	<p>Individual Placement &amp; Support</p> <p>Janelle Mort - Strengthening our community by supporting our staff</p> <p>Lena Wicha- Applying SMART work design model to prevent mental ill-health and improve employee wellbeing</p>	<p>Liz McLeod - East Metro Health Service perspective</p> <p>Monique Williamson - the critical role of peer support the value Lorieket offers the community</p> <p>Lucia Ferguson and Susanne Stanley - The Wellness Clinic, a model of integrated care for people with complex mental illness</p>	<p>Kimberley Smith - Medical student's mental health education: opportunities for transformational change</p> <p>Liza Seubert and Carli Sheers - Strengthening Consumer Voice: using stories to educate and shift mental health stigma</p> <p>Andrew Page and Geoff Hooke - Enhancing routine feedback to prevent self-harm within inpatient care</p> <p>Kathryn Falloon, Tracy Coward and Dr Serene Teh - A positive behaviour support approach for mental health consumers</p>	<p>Kate Purcell - Overcoming stigma</p> <p>Matt Ball - Making contact with the full human experience</p> <p>Dr Sheila Mortimer-Jones - Staff and client perspectives of the open borders program for people with BPD</p> <p>Katherine Walpole - Validation &amp; Connection: How the arts contributed to my BPD recovery</p>

### 12:15-1:15pm LUNCH

	LIVE, LEARN, WORK, PLAY	SERVICE INTEGRATION	BALANCING THE SYSTEM	RECOVERY & WELLBEING
	Plaza 3 (Lower Level)	Ballroom	Plaza 1 (Lower Level)	Freshwater Bay
1:20pm	<p>Phoebe Joyce - Helping school communities to be well and stay well</p> <p>Kemi Wright and Dr Bonnie Furzer, PhD - Move your Mind: embedding clinical exercise physiology within a mental health service</p> <p>Befriend – Communities where friendships flourish</p>	<p>Youth Affairs Council of Western Australia Workshop - Young voices speak directly on their mental health experiences, and pathways towards a better Western Australia.</p> <p>Factors why LGBTQIA+ CaLD and Aboriginal and Torres Strait Islander young people experience poorer mental health outcomes.</p>	<p>Pamela Griffiths - Just the Mother</p> <p>Monique Platell - Principles of optimal mental health care for adolescents and the impact of system-wide barriers</p> <p>Navneet Johri - Spirituality and mental health</p>	<p>Aboriginal Health Council of WA Lesley Nelson – Social and Emotional Wellbeing Model of Care</p> <p>Joanne Newman - Trauma, hearing voices and compassion for change</p>

### 2:30pm-2:50pm AFTERNOON TEA

2:55PM Main Plenary in Hyatt Ballroom  
 Prize wall  
 3pm Auditor General Caroline Spencer  
 3:15pm ALL STARS PANEL: What have we learnt and where to from here? Featuring: All keynotes plus more  
 4pm Gold Sponsor Avivo Closing Speech  
 4:15pm Closing remarks

*Avivo Wellbeing Room can be found in the Mosman Room near the main foyer*