

WA Mental Health 2019 *Awards*

Nomination Guide

KEY DATES:

Nominations open: Tuesday, 4 June 2019

Nominations close: 5pm on Friday, 5 July 2019

Finalists announced: During Mental Health Week 2019 (6 – 12 October)

Ticket sales close: Monday, 11 November 2019

Awards evening: Monday, 18 November 2019



WAAMH

Western Australian Association
for Mental Health



Government of Western Australia
Mental Health Commission



waamh.org.au/awards

It's time to shine

We are excited to invite you to nominate as part of the Mental Health Awards 2019. The awards are an important recognition of the positive people in our society working tirelessly to improve the wellbeing of their clients, communities, employees and the people around them.

There are eight award categories this year, including the new mentally healthy education award aimed to inspire teachers, educators, and students. Our goal is to build a sustainable and responsive mental health system by shining the focus on individuals and organisations making a real difference in our community.

The Awards will recognise the efforts of calendar year 2018. I encourage to either self-nominate, encourage someone you know to do so, or to nominate someone deserving in your life. We can't wait to highlight your amazing efforts!



Taryn Harvey, Chief Executive Officer, Western Australian Association for Mental Health

About the Awards

Hosted by the Western Australian Association for Mental Health (WAAMH) with the support from the WA Mental Health Commission, the Mental Health Awards will celebrate individuals, corporates, organisations and groups that have made an outstanding contribution to mental health in Western Australia throughout the 2018 calendar year.

The Awards Aim to:

- ◆ Recognise and reward the achievements of those who demonstrate excellence, innovation and initiative in supporting carers and consumers of mental health or their local community (including workplaces)
- ◆ Showcases the achievements of the mental health sector in WA
- ◆ Inspire others to strive for excellence
- ◆ Promote positive messaging around mental health, breaking down stigma and starting conversations for healing and recovery

The guide contains information to clarify the terms and conditions around entering the 2019 Mental Health Awards.

For more information contact the Western Australia Association for Mental Health

P: 6246 3000

E: awards@waamh.org.au

W: waamh.org.au

F: www.facebook.com/WAMentalHealth/

Ceremony and Celebration Function

Winners will be announced and presented with an award at the Mental Health Awards Ceremony on Monday, 18 November 2019 at the Pan Pacific Hotel, Perth.

Tickets for the event will go on sale 5 August 2019 and can be purchased via our website. Please note ticket sales will close 11 November, one week before the event.

Conditions of Nominations

Anyone can nominate an individual, organisation or group and self-nominations are welcomed. Nominees must be currently based in Western Australia nominating for Western Australian mental health initiatives.

All nominations must reflect initiatives, projects, work or change outcomes that took place during the 2018 calendar. If you are nominating an individual, organisation or group other than your own, you must seek their approval prior to submitting the nomination.

Please note category sponsors are ineligible to apply for that particular category but welcome to apply for any other categories. You are welcome to apply for more than one category as relevant.

WA Mental Health 2019 Awards

Award Categories:



CONSUMER IMPACT & INSPIRATION AWARDS

For outstanding contribution to mental health in Western Australia by an individual who identifies as having lived experience.

Who can nominate:

This award is open to any individual who identifies as having personally experience mental ill health or is a family member, carer or support person to someone who does.

Criteria for nominees:

- ◆ Briefly introduce the person you are nominating and their background
- ◆ Briefly describe the mental health journey of the nominee and their recovery achievements, as well as any challenges they have overcome
- ◆ How has this nominee improved the lives and wellbeing of others in the community and/or raised awareness of mental ill health in WA
- ◆ What specific achievements or positive changes can be seen as a result of the individuals work?



PROMOTION OR PREVENTION AWARD

For outstanding contribution to prevention and/or promotion in mental health.

Who can nominate:

This award is open to any organisation, group or project.

Criteria for nominees:

- ◆ Briefly describe the organisation, group or project including how it began and its purpose
- ◆ How has this nominee helped to promote positive mental health or prevent/reduce the impact of mental health issues
- ◆ How has/does this nominee engage with mental health consumers and/or the wider community
- ◆ What specific achievement or positive changes can be seen as a result of this organisation, group or project
- ◆ Describe the reach of the organisation, group or project providing statistics eg How many people were engaged or impacted by each aspect of the enterprise



DIVERSITY AWARD

For an individual, organisation or group that embraces diversity and promotes inclusion

Who can nominate:

This award is open to any individual, organisation or group

Criteria for nominees:

- ◆ Which diverse group(s) does this nomination relate to and what barriers do they face to mental health access and community inclusion? Examples include but are not restricted to: Children, youth, seniors, men, women, Aboriginal or Torres Strait Islander, CALD, refugees, people with disabilities, LGBTIQ or regional communities.
- ◆ Briefly describe how the nominee helps to increase access to mental health services and/or supports for this group.
- ◆ Briefly outline how the nominee embraces diversity and encourages community inclusion.
- ◆ How has/does the nominee engage with members of the specified group(s) and/or the wider community
- ◆ What specific achievements or positive changes are the result of the nominee's work?

MENTAL HEALTH EMPLOYEE EXCELLENCE AWARD

For outstanding contribution to mental health in WA by an individual employed or volunteering within the sector

Who can nominate:

This award is open to any individual who is paid employee or volunteer (unpaid) within the mental health sector of Western Australia

Criteria for nominees:

- ✦ Briefly summarise the employee or volunteers job role and work history
 - ✦ What does the employee or volunteer do, which is beyond the standard requirements of their role or different from others in a similar role
 - ✦ How does the employee or volunteer demonstrate true excellence and contribute to best practice in mental health services
 - ✦ How does the employee or volunteer demonstrate and embody a recovery-orientated approach to mental health
 - ✦ How does the employee or volunteer demonstrate leadership the mental health sector
 - ✦ Tell us about any other important aspects of the employees or volunteer's team's work, such as obstacles overcome; innovation; initiative; dedication; broader benefits of the role etc.
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MENTALLY HEALTHY WORKPLACE AWARD

For a workplace that encourages good mental health for its staff

Who can nominate:

This award is open to any organisation operating within Western Australia

Criteria for nominees:

- ✦ Briefly summarise the workplace and its history, size and core business
 - ✦ How does the workplace support employees and volunteers who are/have experienced mental ill health and emotional distress?
 - ✦ What does the organisation do to create a positive and supportive workplace culture, including leadership, work environment and organisational policies and procedures?
 - ✦ What specific initiatives has the organisation undertaken to raise awareness for promote positive mental health, wellbeing and work-life balance, especially for employees experiencing challenges
 - ✦ How does the organisation actively prevent and address bullying, discrimination and stigma in the workplace?
 - ✦ Provide specific achievements or positive changes as a result of the organisation's work, both for the employees and the organisation
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MENTALLY HEALTHY EDUCATION AWARD

For education institutions that encourage good mental health for its students, staff and volunteers

Who can nominate:

This award is open to any education institution within Western Australia including schools, university, TAFE and Registered Training Organisations (RTO)

Criteria for nominees:

- ✦ Briefly summarise the education institution and its history, size and core values
- ✦ How does the institution support students, staff and volunteers who are/have experienced mental ill health and emotional distress?
- ✦ What does the institution do to create a positive and supportive culture, including leadership, environment and organisational policies and procedures?
- ✦ What specific initiatives has the institution undertaken to raise awareness to promote positive mental health, wellbeing and work-life balance, especially for students, staff and volunteers experiencing challenges
- ✦ How does the institution actively prevent and address bullying, discrimination and stigma?
- ✦ What specific achievements or positive changes can be seen as a result of the institution's work, both for the students, staff, volunteers and the institution

MENTAL HEALTH NEWS MEDIA AWARD

For excellence in journalism and reporting on mental health

Who can nominate:

This award is open to any author of an article, report or series, published online, in print or a video or audio broadcast which contributes to a wider understanding of mental health and explores issues of importance. The publication must be a Western Australian media publication or written by a Western Australian journalist for a publication that is distributed within the state.

Criteria for nominees:

- ◆ Briefly introduce the nominee and their role and history in the media
- ◆ How has the nominee displayed true excellence when reporting on mental health?
- ◆ Describe how the nominee has used their media role to achieve one or more of the following:
 - ◆ Raise awareness and engage the community in mental health
 - ◆ Contribute to accurate and balanced community of mental health issues
 - ◆ Reduce stigma, stereotypes and discrimination surrounding mental illness
 - ◆ Use of appropriate and positive language when referring to mental health
 - ◆ Feature and amplify the voices of lived experience
 - ◆ Promote help-seeking

INNOVATION FOR CHANGE AWARD

For outstanding innovation driving change for the better in mental health.

Who can nominate:

This award is open to any organisation, group or project for a specific initiative

Criteria for nominees:

- ◆ Briefly describe how the initiative, including how it evolved, what it does and who is involved
- ◆ What issue, challenge or need does this initiative address and why is it important
- ◆ How is the approach new or different from what has been done previously OR for an existing approach, how has it been applied differently for an improve results? What is unique about it?
- ◆ How does this initiative have the potential to be transformative for the sector or make a meaningful difference in the lives of people who identify as having lived experienced mental ill health or emotional distress?

How to apply

Nominations are open from 4 June – 5 July 2019 and should be submitted electronically.

Electronic submissions:

To submit your nominations electronically, please visit waamh.org/awards

Assistance:

If you need further support to complete your nomination, please call the WAAMH office on 6246 3000 for personalised assistance to suit your individual needs.

Judging Process

A judging panel made up of members of the mental health sector and including individuals with lived experience, will independently assess all nominations and will rank entries in each category.




Your nomination must explain how your nominee meets the criteria of the category of which they are being nominated.


For more information contact the Western Australia Association for Mental Health



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