



Western Australian
Mental Health
Conference 2022

PROGRAM - DAY ONE

MONDAY, 7 NOVEMBER 2022



Western Australian Association
for Mental Health



Government of Western Australia
Mental Health Commission



Wellbeing Room open both days thanks to HelpingMinds

7am	Smoking Ceremony – Cleanse on the river bank near entry with Uncle Nick Abraham
8am	REGISTRATION – Level 3 Foyer
9am	CONFERENCE OPENING ADDRESS – Host Di Darmody in Main Plenary Ballroom in River View Rooms 2 + 3 (Level 3)
	WELCOME TO COUNTRY – Uncle Nick Abraham
	MINISTER'S ADDRESS – Minister for Mental Health The Hon. Amber-Jade Sanderson
9:30am	KEYNOTE PRESENTATION – An earnest conversation with Grace Tame, Australian of the Year 2021, survivor & advocate (NOT RECORDED)

10:20am MORNING TEA - SPORTS LOUNGE - LEVEL 3 (PLEASE REFER TO MAP & SIGNAGE)

10:40am	River View Room 1	River View Room 2 + 3	Cygnets Room (L2)	Black Swan Room (L2)	Champions Terrace
	COLLABORATION IN PRACTICE Independent living: Positive outcomes, housing & mental health collaboration, Uniting WA & North Metro Health Service Building a life worth living through collaboration & empowerment, Georgia Anderson Epistemic injustice, mental health & lived experience: A socially just perspective on knowledge & power for mental health reform, Curtin University	WORKPLACE WELLBEING & SAFETY Stop ticking mental health boxes & manage psychosocial safety at work, Blooming Minds Implementing a collaborative, strengths-based mental health strategy across an organisation, ECU Empowering our people to thrive, not just survive, Compass Group	LIVED EXPERIENCE WORKFORCE Creating pathways for lived experience leadership, Ruah Community Services Enhancing wellbeing via sharing lived experiences – an educator's perspective, Fig Leaf Consulting Side by side, Supporting the peer workforce, Mental Health Commission	RESPECT FOR DIVERSITY Learning from LGBTQIA+ experiences to create change, Connection & Wellbeing Australia Supporting transgender clients in counselling, Sarah Norman-Brown A lot of people put me in the "too hard basket", Kai Schweizer	BUSH CRAFTS: NATURE'S HEALING with Dale Tilbrook (NOT STREAMED OR RECORDED)

12:30pm LUNCH - SPORTS LOUNGE – LEVEL 3 (PLEASE REFER TO MAP & SIGNAGE)

1:30pm Main Plenary Ballroom in River View Rooms 2 + 3

KEYNOTE: Addressing toxic masculinity & sexual harassment to create safe work environments, Haseeb Riaz & Gareth Shanthikumar, MAN UP co-founders
KEYNOTE: The healing power of on country for social and emotional wellbeing, Dennis Simmons, Maar Koodjal Aboriginal Corporation CEO

2:45pm	River View Room 1	River View Room 2 + 3	Cygnets Room	Black Swan Room	Sports Lounge
	CULTURAL PERSPECTIVES Djinang Kadadjiny Karni Wanginy, Palmerston SEWB welcome guide for the Aboriginal workforce, KAMS	TRAUMA-INFORMED MODELS: CASE STUDY KEYNOTE: The Victorian Personality Disorder Initiative, Cathryn Pilcher KEYNOTE: 7 steps to trauma-informed stepped-care for complex mental health challenges including personality disorder, Prof Brin Grenyer	EMPOWERMENT Mind's lived experience strategy: Driving innovation and change, Mind Australia Community mental health: framework for change, Think Effective Consultancy	COLLABORATION Regional Mental Health Program, CBH Group, MIFWA & Lifeline Your pharmacist and your care team, Pharmacy 777	RHYTHM TO RECOVERY Simon Faulkner (NOT STREAMED OR RECORDED)

3:45pm AFTERNOON TEA - SPORTS LOUNGE - LEVEL 3 (PLEASE REFER TO MAP & SIGNAGE)

4pm	River View Room 1	River View Room 2 + 3	Cygnets Room	Black Swan Room	Outside Wellbeing Room
	MUSICAL ACTIVITY Bec Price & Booka Nile, Sonic Minds	COLLABORATION Kicking mental health goals, Healthway & WA Country Football League	Recovery is a spiral: NDIS psychosocial disability practitioners, Avenues Australia Strength-based leadership, Collective Hope	SAFETY & EMPOWERMENT "Hello, this is Lifeline" Life saving tips from Lifeline WA (NOT RECORDED)	Unfacilitated breathing & meditation

5pm WAAMH NETWORKING SUNDOWNER – Located at Champion's Terrace overlooking the green (Level 3)



Western Australian
Mental Health
Conference 2022

PROGRAM - DAY TWO

TUESDAY, 8 NOVEMBER 2022

8.45am CONFERENCE OPENING ADDRESS – Main Plenary Ballroom in River View Rooms 2 + 3 (Level 3)
KEYNOTE PRESENTATION – Empowerment, choices & trust to change your life and others, Julian Pace, Happiness co-founder & lived experience speaker
PANEL PRESENTATION: What Now? Transferring what we learn from each other to transform how we better support people's mental health & wellbeing
FEATURING: Kathy Pickett, Liz MacLeod, Vee Wilson, Dr Mat Coleman, Andrew Hall, Ron Deng & Brodie McDougall

Wellbeing Room open both days thanks to HelpingMinds

10.30am MORNING TEA - SPORTS LOUNGE - LEVEL 3 (PLEASE REFER TO MAP & SIGNAGE)

10.50am	River View Room 1	River View Room 2 + 3	Cygnets Room (L2)	Black Swan Room (L2)	
	<p>TRAUMA-INFORMED PRACTICE</p> <p>Reflections on 30 years delivering culturally aware & trauma-informed services, ASETTS</p> <p>Healing from trauma: an Indigenous social & emotional framework, Yorgum Healing Services</p> <p>Trauma, mental health & beyond, Matt Vapor</p>	<p>PUBLIC HEALTH INNOVATION</p> <p>KEYNOTE: Rethinking accessibility in rural and remote mental health, associate professor Mat Coleman, Great Southern Specialist Centre & UWA</p> <p>KEYNOTE: Clinical-led reform: ED division, Hyranthi Kavanagh & Sandra McMillan, Fiona Stanley Fremantle Hospitals Group</p>	<p>MEN'S MENTAL HEALTH</p> <p>Getting a male into the room, Men's Health & Wellbeing WA</p> <p>Dads creating connections that matter, Australian Dads Network</p> <p>Empowering men and communities, Regional Mens Health Initiative (NOT RECORDED)</p>	<p>JUSTICE & LEGAL INTERSECTIONS</p> <p>Integrated Service Model for Mental Health, Ruah Legal Services</p> <p>Reducing fines through mental health support options, Legal Aid WA</p> <p>Recovery models in WA criminal justice system, Palmerston & Wungene Aboriginal Corporation</p>	<p>MAGIC COAT on JOYN US PLATFORM</p> <p>Resources to support children's mental health and wellbeing from Di Wilcox's The Magic Coat</p>

12.30pm LUNCH - SPORTS LOUNGE - LEVEL 3 (PLEASE REFER TO MAP & SIGNAGE)

1.30pm Main Plenary Ballroom in River View Rooms 2 + 3

KEYNOTE: Trauma-informed mental health and suicide prevention, Professor Nicholas Procter, Mental Health Nursing & Mental Health & Suicide Prevention Research, University of SA
KEYNOTE: Why lived experience roles provide the 'missing link' in transformational change, Dr Louise Byrne, senior research fellow, RMIT

2.45pm	River View Room 1	River View Room 2 + 3	Cygnets Room	Black Swan Room	Champions Terrace
	<p>TRUST</p> <p>Power grows where attention flows, Mental Health Matters 2</p> <p>Without integrated governance, co-design is not consumer-led, GROW</p>	<p>CHOICE IN THE REGIONS</p> <p>Community mental health support in regional WA, WAAMH & UWA Centre for Social Impact</p> <p>Inspiring and supporting regional young people, Wheatbelt & Beyond</p>	<p>TRUST & RESPECT FOR DIVERSITY</p> <p>Our Journey Our Story: culturally secure co-design, headspace Midland</p> <p>Working with the Aboriginal community, Palmerston</p>	<p>COLLABORATION & CHOICE</p> <p>Co-occurring capability of AOD & MH, a cross sector approach, WANADA</p> <p>Recovery coaching, MIFWA</p>	<p>ART JAM</p> <p>(NOT STREAMED/RECORDED)</p>

4pm AFTERNOON TEA - SPORTS LOUNGE - LEVEL 3 (PLEASE REFER TO MAP & SIGNAGE)

4.30pm Main Plenary Ballroom River View Room 2 + 3

CLOSING REMARKS & REFLECTIONS
CONFERENCE CLOSE

