

# Annual Report

1 July 2021 - 30 June 2022



**WAAMH**

Western Australian Association  
for Mental Health



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**The Western Australian Association for Mental Health (WAAMH) acknowledges the Whadjuk Noongar people as the traditional custodians of the land and water where WAAMH is situated. We pay respect to elders past, present and emerging, and acknowledge the ongoing spiritual connection that Aboriginal peoples have to the lands across Western Australia. We also acknowledge the valuable role and voice of people with lived and living experience of mental health challenges, their families and carers.**

The Western Australian Association for Mental Health (WAAMH) has been the peak body for community mental health services in Western Australia for nearly 60 years.

WAAMH inspires community attitudes, influences mental health priorities and policies, and implements practice through its mental health promotion, sector development and training, and systemic advocacy work.

# OUR VISION

As a human right, every one of us will have the resources and support needed for mental wellbeing, recovery and citizenship.



1 RESPECT

2 SELF-DETERMINATION

3 INCLUSION

4 INTEGRITY

5 COURAGE

# OUR MEMBERS COMPRISE:

- Community-managed organisations providing mental health services, programs or supports.
- People and families with lived and living experience of mental health issues and suicide, with whom WAAMH engages in genuine partnership.
- A wide network of collaborative relationships at a state and national level with organisations which share our values and objectives.
- Individuals, mental health professionals, and community members who have an interest in, or whose work relates, to mental health.

# PRESIDENT'S REPORT



**In presenting the 2021-22 Annual Report this year, I am proud to report to you yet another strong year of significant achievements and growth for WAAMH. The new year began with a new Minister for Mental Health, the Honourable Amber-Jade Sanderson MLA. WAAMH warmly welcomes our new Minister. We look forward to working productively with her in the coming years.**

This year as well, the ripple effects of significant reports such as the Productivity Commission Mental Health Inquiry report and the Royal Commission report on the Victorian Mental Health System, together with the National Partnership Agreement have begun to land.

The central organising principle for all of this work is that people with lived experience (people with personal lived experience of distress and their families/carers) lead the transformation of services away from a medico-legal, bio-individualist health system and into a social and relational community-based system that also proactively invests in prevention and early intervention.

These documents resoundingly endorse WAAMH's well-established work to support the sector to build strong rights and recovery-based community supports and options for people. WAAMH continued to build strong working relationships with both health and non-health sectors, given the bi-directional effects of mental health and social determinants.

WAAMH applauds the efforts of the WA Mental Health Commission in developing a Lived Experience Workforce Framework to support this work. WAAMH also supports the work begun in the Infant, Child and Adolescent implementation project to create designated lived experience positions within health services, and to broaden an understanding of responses to distress beyond the health system.

Following our successful election advocacy campaign Prevent Support Heal attracting support from thousands of our Western Australian community committed to transforming our mental health system, the Board has now turned its attention to equipping the sector – particularly through leading workforce, data and innovative support model projects. In doing so, we look forward to continuing to work with key sector partners, as well as ongoing relationships with organisations and agencies in other sectors, given the bi-directional relationship between social determinants and mental health.

The much-awaited National Partnership Agreement – a recommendation of the Productivity Commission – is now finalised.

While the importance of this enabling structure cannot be understated, the work ahead to determine the funding responsibilities for the psychosocial community sector and address some of the long-standing structural barriers to investing in community-based supports now need to be overcome – but we are finally on the way! This AGM, we farewell two Board members, Monique Williamson, chief executive officer of the Mental Illness Fellowship of WA and Nicole Lockwood, an individual family member.

Monique, having served on the WAAMH Board since 2014 and most recently chairing the Board's Governance Committee, has long been the heartwood of the Board, serving on multiple committees, providing strong advocacy leadership and positive sector engagement leadership as a CEO. She has been a highly valued Board member who leads by living her values.

Nicole brought to the Board high level executive experience and skills and fearless advocacy skills. While she leaves the WAAMH Board following her appointment to the Child and Adolescent Health Service Board, we are pleased that she is not lost to the sector and still working towards transformation of mental health services. I thank her for her personal commitment and positive contributions to the Board.

With Chelsea Hunter's resignation from Hope Community Services during the year, her consequent departure from the WAAMH Board meant we lost strong rural representation from the Goldfields and a passionate supporter of community development and inclusion. We thank Chelsea for her commitment and passion for our sector. The Board co-opted Tanya Steinbeck, a lived experience family member with strong governance and business skills to the Board.

I thank the whole Board for its unwavering commitment and integrity in driving towards a balanced and contemporary system of mental health supports and their generosity of time, focus and spirit given to WAAMH and the important role it plays in the sector.

The professionalism of WAAMH's staff, led by our CEO Taryn Harvey, continues to drive our performance, and the personal commitment to WAAMH's vision evident in this professional pride is remarkable. As a mental health organisation, it is important that we lead the sector in providing a workplace where people enjoy working together on meaningful endeavours, and it is pleasing to see this continue as WAAMH grows in size and complexity.

This professionalism is evident in our outstandingly successful Mental Health Week events. Our Mental Health Conference at Optus Stadium was sold out weeks before the event, and our extraordinarily popular annual Awards event continues to highlight outstanding achievements from all areas of the sector.

Finally, in reflecting on the work of the past year and the growing push for mental health reform, the importance of our members in supporting us to continue to push for system transformation has been critical. Your continued support and engagement in the coming year, as the outputs and recommendations of the seminal national and international reports begin to emerge within the context of the National Partnership Agreement implementation, will be more important than ever.

**Kerry Hawkins – President**

# CHIEF EXECUTIVE OFFICER'S REPORT



**I'd like to begin my 2021-22 report by acknowledging the calm, flexibility and responsiveness with which our members faced the uncertainty and anxiety of the COVID-19 wave of late 2021, early 2022.**

Thanks to their diligent planning for infection management and business continuity during the earliest phases of the pandemic, our sector faced this new challenge and continued to demonstrate its commitment to supporting mental wellbeing, recovery and citizenship in challenging times. I'd particularly like to acknowledge our members operating psychiatric hostels, which had been identified as being of greatest risk in terms of infection and the potential impact of outbreaks. I'd also like to acknowledge the efforts of the WA Mental Health Commission (MHC) and other agencies in supporting the sector.

As concerns about the impact of COVID on the workforce escalated, WAAMH held two online sector forums featuring diverse community mental health services from the eastern states to specifically hear from them about how they had managed these issues. Feedback from the eastern states providers was that due to their earlier preparations and the protection of vaccines and public health rules in place to manage workforce furloughing, the impact of COVID on workforce had been significantly less than was being anticipated. That was not to say that the period hadn't been without challenges, but were manageable.

Of course, resilience isn't a bottomless well we can continually draw from without renewal. That's why WAAMH took an opportunity to bring a focus on the mental health of our sector with our third COVID forum this year featuring Blooming Minds director and founder Tasha Broomhall.

Demand for WAAMH training was also affected by COVID. Many of our member organisations put a hold on training during early 2021 to focus on business continuity and to minimise potential exposure to the virus. Online training was offered but most organisations elected to put a temporary hold on their development plans. By contrast, we saw an increase in demand for training from other public facing organisations as they sought to respond to increasing community fears, anxieties and frustrations.

Beyond the impacts of COVID, 2021-22 was a challenge as we sought to juggle our own priorities and vision with the needs of others, and in particular MHC. WAAMH actively participated in Expert Advisory Group

meetings for the Infant Child and Adolescent Mental Health (ICA) Taskforce, the Community Mental Health and Alcohol and Other Drug Council (CMC), and the CMC System-Wide Data Working Group. I was also selected by the CMC to be its representative on the Steering Group for the Community Treatment and Emergency Responses Roadmap. Communiques on the work of each of these groups can be found through MHC's website.

WAAMH's focus on each of these forums has been to promote the potential of the community mental health sector consistently and proactively for our sector to play a stronger and more significant role in supporting and complementing our public mental health services and the WA Government's three reform priorities – the ICA Taskforce, WA Mental Health, Alcohol and Other Drug Services Plan 2015-25 and the Graylands Reconfiguration and Forensic Taskforce. There are many examples of where our sector and health service providers have been working collaboratively and effectively already, which demonstrated the success that health service providers know first-hand the positive impacts for consumers and workers when people's social determinants of mental health and their recovery needs are met. These pieces of work will take some time to progress and WAAMH will continue to ensure the potential of our sector, to form part of the solution to the stressors our public mental health system faces, is highlighted.

***“This year also saw the continuity of some important WAAMH partnerships, and the creation of some new ones.”***

Following the success of our Increasing and Improving Community Mental Health Supports in WA co-design project, WAAMH continued collaboration with the University of WA Centre for Social Impact to complete detailed engagement on community mental health needs across three Western Australian regions. The report on this work will be released in early 2023. This year also saw WAAMH forge a new partnership with the WA Justice Association (WAJA). WAAMH has completed two projects with WAJA – one in relation to employment as part of justice reintegration responses, and another on indefinite custody and priorities for change to support reform to the Criminal Law (Mentally Impaired Accused) Act 1996. The 2016 election commitment to reform this Act remains unfulfilled.

Finally, I'd like to close by thanking the WAAMH team and Board for their unwavering support to me and to each other during 2021-22.

**Taryn Harvey – CEO**

# WAAMH BOARD 2021-22



**Kerry Hawkins – Chairperson:** Kerry Hawkins was appointed president of WAAMH in 2016 and re-elected in 2019. She has had a professional career in the private and government sectors, including with the National Disability Insurance Scheme (NDIS) and the WA Mental Health Commission (MHC). Her other directorships include Emerging Minds, Mental Health Carers Australia, Community Mental Health Australia, HelpingMinds and the Recovery College of WA. She is deputy co-chair of the National Mental Health Consumers and Carers Forum and a Commissioner with the National Mental Health Commission. A graduate of Boston University's Global Leadership Institute, Kerry draws on her lived experience as a family member significantly impacted by trauma and unsupported distress.

**Shannon Calvert – Vice chairperson:** Shannon Calvert is a lived experience professional, having experienced severe and enduring physical and mental health challenges. Her expertise has been working with government and non-government organisations in an advisory capacity, as a peer work coordinator and trainer. She is involved with several national boards and committees, mainly mental health, eating disorders and palliative care specific. Shannon is the lived experience lead at the Australian Eating Disorders Research and Translation Centre and consumer co-chair of the National Mental Health Consumer Carer Forum. Recently Shannon was appointed to the Million Minds Mental Health Research Mission expert advisory panel to guide Australia's future roadmap in mental health.

**Carli Sheers – Board director & consumer representative:** Carli Sheers has a deep understanding of the community-managed mental health sector through her employment with Grow (2007-2015), WAAMH (2014-2018) and Richmond Wellbeing (2017-2019). She also works alongside the WA branch of Neami National (2021-present) and 360 Health + Community (2022-present) to integrate lived experience expertise within these services. Carli founded her own business and provides lived experience education, consultancy and leadership on a local, state and national level to actively contribute to Australian mental health reform. She possesses both an operational and governance understanding of WAAMH through previous board support work. Carli is chair of the WAAMH Lived Experience Participation Board Sub-committee.

**Arthur Papakotsias – Board director & Youth Focus chief executive officer:** Arthur Papakotsias is committed to improving health and wellbeing outcomes for young people. Since joining in January 2019, he has embarked on significant reform to diversify the organisation's programs, expand its reach and provide comprehensive wrap-around support for young people. Arthur served as director of Housing Choices Australia, a national provider of affordable housing (2011-2018), including being the chair of its Finance Audit and Risk Committee for four years. Arthur holds a Graduate Diploma of Business (Health Services Management) from RMIT University and attended three residential leadership programs at Harvard Business School, as well as serving on numerous other boards.

**Deborah Childs – Board director & HelpingMinds CEO:** With lived experience as a mental health carer, Debbie Childs is a passionate advocate for mental health carers and families and dedicated in driving the change we need to improve wellbeing in our communities. Debbie is committed to working with the knowledge and skills in our communities to deliver this change. With more than 25 years leadership experience in large and small commercial enterprises, Debbie brings a diverse skill set including legal, financial and communications. Debbie is a fellow of the Australian Institute of Management and a graduate of the Australian Institute of Company Directors.



**Lorrae Loud – Board director & lived experience representative:** Lorrae Loud held the helm as CEO for 20 years at Lamp, a community-based non-government organisation providing psychosocial support services to consumers and families across the South West. She is a graduate of Murdoch University with degrees in sociology, adult education and policy. Lorrae is a sitting member of the South West Regional District Health Advisory Council and has been a member of the Mental Health Tribunal for 12 years. She is also the vice chair of Radiance Post and Perinatal Support Services South West.

**Chelsea Hunter – Board director:** Chelsea Hunter is an experienced leader who was the executive regional manager for Hope Community Services in the Goldfields, a position she held for 7.5 years. She oversaw a range of services in the alcohol and other drugs, mental health, family and domestic violence and justice sectors. Chelsea is passionate about supporting people in regional and remote communities to live healthy and connected lives, particularly the lives of Aboriginal people. She has recently completed a Master of Business Administration and holds bachelor and post-graduate qualifications in anthropology and addiction and mental health. Following her resignation from Hope Community Services, Chelsea resigned from the WAAMH Board.

**Lorna MacGregor – Board director & Lifeline CEO:** Lorna MacGregor has been the CEO of Lifeline WA since 2016 where the dedication and non-judgemental compassion of the volunteer crisis supporters inspire her every day. An experienced senior executive, Lorna has had a diverse and varied career, including senior roles in both corporate and not-for-profit organisations such as HBF, healthdirect Australia, Activ Foundation and Perth North Medicare Local. Lorna has an MBA, is an associate fellow of the Australian Institute of Management and a member of the Australian Institute of Company Directors.

**Monique Williamson – Board director & Mental Illness Fellowship of WA (MIFWA) CEO:** Monique Williamson is the CEO of MIFWA and a member of the national organisation Mental Illness Fellowship of Australia. Monique has a Masters Degree in Social Change and Development, an Associate Degree in Training and Development and more than 30 years experience in the community services sector. She has worked in both the NGO and public sectors in WA and undertaken senior sector development roles including with the peak body National Disability Services and as an executive director of the Disability Service Commission.

**Nicole Lockwood – Board director & lived experience representative:** Nicole Lockwood is an experienced executive with more than 20 years working in law, government and advisory, including a decade of board experience on government, corporate and not-for-profit boards. Her background in infrastructure, economic development and community engagement provides her with a unique insight into the complexity of planning and delivering large infrastructure projects in an environment of ever-changing social expectations. Nicole has lived experience with the mental health system as a family member and carer.

**Shaun Mays – Board director & Rise director of Strategy and Growth:** Shaun Mays is the Rise Network director of Strategy and Growth and holds board positions with GLBT Rights in Ageing, and Sexuality Education Counselling and Consultancy Agency. He has 25 years experience in the human services sector and has held senior management positions for 15 years. Shaun has extensive experience working across child protection, youth, mental health, drug and health sectors; and is passionate about client-centred service delivery and empowering clients to meaningfully take part in service design. He holds degrees in business and social work (Honours) and has been a member of the Australian Association of Social Work since 2002.

# BOARD COMMITTEES 2021-22



To support sound governance and lived experience participation and collaboration, WAAMH's Board was supported by the following committees during 2021-22.

## Board Executive Committee

*Members: Kerry Hawkins, Shannon Calvert, Monique Williamson, Lorna MacGregor*

The Board Executive Committee is made up of the Board chairperson and deputy chairperson and the chairs of the Finance Committee and the Governance, Risk and Remuneration Committee. The Board Executive Committee support the Board in fulfilling its strategic direction and Board operations. The chief executive officer attends committee meetings in an ex officio capacity.

## Finance Committee

*Members: Lorna MacGregor (chair), Shannon Calvert, Chelsea Hunter*

The Finance Committee provides advice to the WAAMH Board concerning the financial strategy and compliance of the association, including financial controls, accountability, financial reporting and policies. The CEO and corporate services manager attend committee meetings in an ex officio capacity. Rod Lillis attended meetings to provide independent accountancy consultation to the committee. Directors may attend meetings as observers on a regular basis. In 2021-22 chairperson Kerry Hawkins attended meetings regularly. In 2021-22 the Finance Committee reviewed monthly financial reports, supported the preparation of the annual budget and oversaw further improvements to WAAMH's financial controls and accountability. Following her resignation from Hope Community Services, Chelsea resigned from the WAAMH Board, including the Finance Committee.

## Governance Risk Remuneration and Nominations (GRRN) Committee

*Members: Monique Williamson (chair), Arthur Papakotsias, Lorrae Loud, Carli Sheers*

The GRRN Committee supports the Board in fulfilling its statutory, fiduciary and regulatory obligations, assists with Board performance, director nomination, succession and development, oversees CEO performance and WAAMH's strategic management. The CEO attends committee meetings in an ex officio capacity. Directors may attend meetings as observers on a regular basis. In 2021-22 chairperson Kerry Hawkins attended committee meetings as an observer.

## Lived Experience Partnership Committee

*Members: Carli Sheers (chair), Shannon Calvert, Kerry Hawkins, Nicole Lockwood*

The Lived Experience Partnership Committee focused on developing WAAMH's practices in lived experience engagement, partnership and co-production to enable WAAMH to implement and role model best practice.

In 2021-22 the Lived Experience Partnership Committee decided to freeze the meetings as it is considered that at this point in time, the WAAMH Board has integrated best practice of lived and living experience within the way it works. It remains ready for action should the need arise in the future. The CEO attended committee meetings in an ex officio capacity. Directors may attend meetings as observers on a regular basis.

## WAAMH 2021-22 Board

Kerry Hawkins – Chairperson

Shannon Calvert – Vice chairperson, consumer representative

Deborah Childs – CEO HelpingMinds

Arthur Papakotsias – CEO, Youth Focus

Shaun Mays – Director, Strategy & Growth, Rise Network

Lorna MacGregor – Finance Committee chair, CEO, Lifeline WA,

Monique Williamson – GRRN Committee chair, CEO, Mental Illness Fellowship WA

Nicole Lockwood – Carer representative

Lorrae Loud – Carer representative

Carli Sheers - Consumer representative

Chelsea Hunter – Hope Community Services

Following her resignation from Hope Community Services, Chelsea resigned from the WAAMH Board.

## Directors Attendance 2021-22

NAME	MEETINGS ATTENDED	MEETINGS POSSIBLE
Kerry Hawkins	7	7
Monique Williamson	7	7
Lorna MacGregor	6	7
Debbie Childs	6	7
Shannon Calvert	7	7
Arthur Papkotsias	7	7
Chelsea Hunter	5	7
Shaun Mays	4	7
Lorrae Loud	4	7
Nicole Lockwood	7	7
Carli Sheers	7	7

# WAAMH STAFF

From 1 July 2021 to 30 June 2022



## **Taryn Harvey**

Chief Executive Officer

## **Brooke Johns**

Public Relations, Communications  
and Mental Health Promotion Manager

## **Vanessa Cullen**

Training Manager

## **Cassandra MacDonald**

Sector Development Manager

## **Nigel Barrett**

Corporate Services Manager

## **Lorna Lobo**

Training and Corporate Administration Officer

## **Roshani Shrestha**

Acting Program Manager IPS

## **Colin Penter**

Projects Lead

## **Shendelle Oliver**

Marketing and Events Manager

## **Mollie Tracey**

Communication and Events Officer

## **Christine Hastie**

Finance and Corporate Support Officer

## **Ryan Emery**

Digital Communications and Media Advisor

## **Diane Moe**

IPS Support and Evaluation Officer

## **Kenneth Dinsdale**

IPS Support and Evaluation Officer

## **Corey Dwyer**

IPS Support and Evaluation Officer

## **Cindy Cox**

IPS Support and Evaluation Officer

## **Nicole Fitch**

Project Lead - NDIS QSC Sector Readiness

## **Deborah Geddes**

Project Officer - NDIS QSC Sector Readiness



**Clare McCarthy**

Administration Support Officer - NDIS QSC  
Readiness Project

**Mawghan Elverd**

Administration Support Officer (IPS, Sector  
Development and Advocacy)

**Abraham Pattiselanno**

CARE Hub Coordinator

**Wilma Edwards**

CARE Hub Facilitator

**Shan Williams**

Administration Support Officer - CARE Hub

**Martine French**

Administration Support Officer - Training

**Amanda Paterson**

WAAMH Trainer

**Eimear Boland**

Community Engagement Coordinator

**Kathy Greenwood**

Lived Experience Engagement Coordinator

**DEPARTURES**

**During 1 July 2021 - 30 June 2022**

**Colette Wrynn**

Practice and Sector Development Manager

**Elizabeth Connor**

Senior Policy Officer

**Elizabeth Crayton**

IPS Administration Support Officer

**Sarah Quinton**

Campaign Manager

**Brandy Hart**

Administration Support Officer - Training

# MEMBERSHIP 2021-22



**TOTAL  
MEMBERS**  
**241**

Full Organisational	61
Full Individual Lived Experience	126
Associate Organisational	29
Associate Individual	20
Honorary	5

## Full Organisational Members

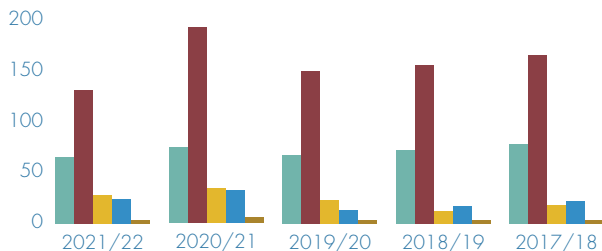
- ADHD Western Australia Incorporated
- Anglicare WA (Inc)
- Art Jam WA
- Avenues Australia
- Avivo Live Life
- Bay of Isles Community Outreach Inc
- Bros Global
- Carnarvon Family Support Services Inc (CFSS)
- Centrecare Inc
- Collective Hope Community Services Ltd
- Consumers of Mental Health WA (CoMHWA)
- Dismantle
- Even Keel Support Association
- Facilitatrix
- Grow – Western Australia Branch
- HelpingMinds
- Hope Community Services Ltd
- Inner Lotus
- Inner Ninja Foundation
- Ishar Multicultural Women’s Health Services
- Kid Psykology Australia
- Lamp Inc
- Lifeline WA (Living Stone Foundation Inc)
- Lifeworks Occupational Therapy
- Mens Talk
- Mental Health Matters 2
- Mental Illness Fellowship of WA (MIFWA)
- Mercy Community Services Limited
- Mind Australia
- Mindful in Nature
- Mission Australia
- Moonlight Health and Wellbeing Services
- Multicultural Futures
- My Place WA Ltd
- My Way Community Alliance
- Neami National
- Northern Compassion Inc (Tenacious House)
- Nulsen Group
- Pathways SouthWest Inc
- PeelConnect Incorporated
- Phoenix Support & Advocacy Service Inc
- Quality Healthcare Solutions
- Radiance Network South West
- Relationships Australia Western Australia
- Richmond Wellbeing Inc.
- Rise Network
- Ruah Community Services
- Safe Counselling Australia
- SafeHaven Mental Health Services
- Sonic Minds
- Southern Cross Care (WA) Inc.
- South West Autism Network Inc
- St Bartholomew’s House
- St John of God Social Outreach
- Tender Care
- Tuley
- Uniting WA
- Vision Health Support Services
- Wanslea Limited
- Youth Focus
- Youth Futures

## Associate Organisational Members

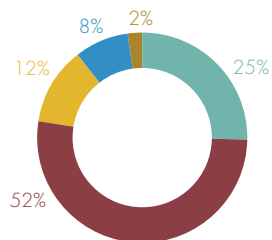
Advanced Personnel Management  
 Affirm Care  
 Better Quest Disability Services  
 Calvary Youth Services Mandurah Inc  
 Cancer Council WA  
 ChoiceOne Pty Ltd  
 Circle Green Community Legal  
 City of Bunbury  
 Dismantle  
 Forgotten Australians Coming Together (FACT) Inc  
 Fresh Start Recovery Programme  
 Good Turn Services  
 GP Down South  
 Injury Matters  
 Kalamunda Senior High School

Life Education WA (Inc) (Bernie Foley)  
 Life Without Barriers  
 My Place WA Ltd  
 North Metropolitan TAFE  
 One2One WA  
 Regional Counselling Services  
 Salisbury Home  
 Sexual Health Quarters  
 SMR Learning (TrainSmart Australia)  
 Solace Grief Support Group WA  
 Spiers Centre Inc  
 St Francis' School  
 Theatre 180  
 WA Country Health Services – South West  
 Mental Health

## Membership: Five-year comparison

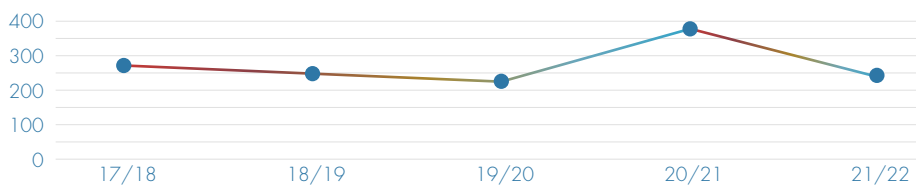


## 2021-22 Membership by category



■ Full Organisational ■ Full Individual ■ Associate Organisational ■ Associate Individual ■ Honorary

## Total member growth: Five-year comparison



# SYSTEMIC ADVOCACY



**The WAAMH Policy and Advocacy team engaged in a range of activities over the past 12 months to progress WAAMH's strategic priorities and improve the mental health and wellbeing of our communities.**

## Submissions

Submissions are a key opportunity for WAAMH to contribute to systemic change in the mental health sector both nationally and at a state level. In the current reporting period WAAMH made or contributed to submissions for the following processes:

- Development of the National Mental Health Workforce Strategy 2021-2031;
- Inquiry into the purpose, intent and adequacy of the Disability Support Pension; and
- Development of the National Safety and Quality Mental Health (NSQMH) Standards for Community Managed Organisations.
- State Commissioning Strategy for Community Services consultation
- Infrastructure WA Draft Strategy consultation
- Response to WA State Budget: mental health

The advocacy team and WAAMH's chief executive officer also appeared at a Public Hearing of the Mental Health and Suicide Prevention Committee in July 2021, following our submission to the Select Committee on Mental Health and Suicide Prevention: Inquiry into Mental Health and Suicide Prevention.


## Engagement processes

WAAMH was engaged in numerous processes of national and local significance in relation to mental health sector reform:

As part of the Australian Government response to the Productivity Commission's findings, then prime minister Scott Morrison announced the development of a National Agreement on Mental Health and Suicide Prevention to be agreed with the states and territories by November 2021, providing 12 months in total for its development. WAAMH contributed to this agreement through various avenues, including contributing to a consultation and feedback process led by Mental Health Australia, assisting the WA Mental Health Commission with data-related work to inform their negotiations, and involvement with the involved with National Psychosocial Support Advocacy Alliance Campaign (NaPSAAC).

WAAMH is actively engaged with the National Psychosocial Support Advocacy Alliance Campaign (NaPSAAC), which is an alliance of Australia's lived experienced leaders and leading mental health





organisations calling on all Australian governments – commonwealth, state and territory – to commit to a National Psychosocial Support Program to support all Australians living with severe and complex mental health conditions outside of the National Disability Insurance Scheme (NDIS). NaPSAAC’s work is ongoing.

The WA Department of Finance, the Premier and Cabinet, and Treasury have been leading the development of a State Commissioning Strategy for Community Services with input from a range of stakeholders, including service user representatives and/or advocates, other government agencies, and the community services sector. WAAMH has been actively involved in this process.

### **Projects and initiatives**

In line with WAAMH’s strategic priority of increasing investment in mental health community supports, a Community Mental Health Supports Reference Group was established in 2022. This group is a collaborative forum that can operate as a sounding board, an advisory group and a bank of wisdom for knowledge sharing and problem solving about community supports for consumers, family members/carers and providers. It informs WAAMH’s activities across sector development, training, projects and systemic advocacy; enables stakeholders to support and inform each other; and develops opportunities for collective learning and action.

The WAAMH Policy and Advocacy team has been engaged in work related to mental health and the justice system in WA. WAAMH partnered with the WA Justice Association on a project to explore deficiencies in the current response by courts, prisons and community mental health services to accused persons who may be deemed unfit to stand trial and identify ways in which this response could be improved.

### **Groups**

The Policy and Advocacy team participated in a range of ongoing collaboration and reference groups during this reporting period. This involvement has helped to guide work within the mental health sector itself, as well as across the social service sector more broadly.

WAAMH has continued to participate in a range of peaks groups. These include a national peaks policy group, a national peaks communications group, a state-based social services sector peaks policy group, and a peaks forum, bringing together expertise from across the social services sector.

WAAMH was a member of the Mental Health Commission Mental Health and Wellbeing Framework Expert Advisory Group in 2021, contributing to the development of the Framework. This was a key opportunity for WAAMH to progress our strategic priority of increasing investment in mental health prevention, by helping to shape how this investment should be allocated to achieve the best outcomes for the WA community.



# OPERATIONS

**27 Staff Members**

*Founded in 1966*

**11 Board Members**

**20,000**

**SOCIAL MEDIA FOLLOWERS**

**22**

**TRAINING COURSE TOPICS**

**11,000**

**PEOPLE TRAINED IN PAST 5 YEARS**

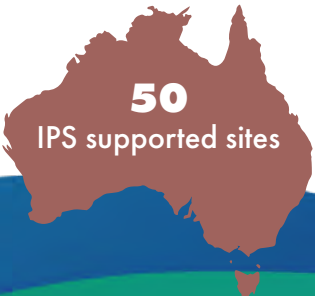
**40,000**

**ONLINE SUBSCRIBERS & CONNECTIONS**

Represent **326** organisational and individual members

Sit on **30** state and national committees and working groups

**60,000** Green mental health awareness ribbons sold to date



**50**  
IPS supported sites



**201,115**  
WAAMH WEBSITE VISITS

# SUBMISSIONS

- National Mental Health Workforce Strategy 2021-2031
- Inquiry into the purpose, intent and adequacy of the Disability Support Pension
- Actively engaged with the National Psychosocial Support Advocacy Alliance Campaign
- State Commissioning Strategy for Community Services consultation
- National Safety and Quality Mental Health (NSQMH) Standards for Community Managed Organisations
- Infrastructure WA Draft Strategy consultation
- Response to WA State Budget: mental health



# PROJECTS

- NDIS Readiness
- Co-occurring AOD & MH
- Rural & remote
- Community sport & mental health
- IPS in criminal justice system
- Education
- Disability & mental health
- Housing & homelessness
- Mental health response after natural disasters



# PROJECTS



**Projects are a way for WAAMH to address unmet needs; contribute to the achievement of strategic priorities; support, pilot and test out new initiatives; identify and understand sector needs; address the needs of people most disadvantaged and vulnerable in the mental health system and; strengthen collaborative partnerships.**

WAAMH conducted several projects during the 2021-22 period which helped build and strengthen collaboration and partnerships with people with lived experience, non-government organisations, other peak bodies, government agencies, mental health services, other sectors and people with an interest in mental health. In 2021-22 WAAMH completed major projects, commenced new additional projects for 2022-23 completion and worked on implementing findings and recommendations from 2020-21 projects, largely led by Colin Penter.

## **Community Sport and Mental Health Project**


During 2021 WAAMH worked with SportWest to develop and launch a Guiding Framework for Mental Health & Wellbeing in Community Sport. In 2022 WAAMH worked with SportWest to plan Phase 2 of the project with the result that SportWest secured funding from the WA Mental Health Commission (MHC) to implement the framework within state sporting associations and community sporting clubs.

## **Co-Occurring Capability Assessment project**

In 2020-21 the WA Network of Alcohol and other Drugs Agencies (WANADA) and WAAMH completed the Rural Co-occurring Capability Assessment Project with 14 regional services to assess their co-occurring mental health and alcohol and other drug (AOD) capability. In 2021-22 WAAMH worked with WANADA to develop and trial a uniquely Western Australian tool – the Co-Occurring Capability Review Tool (CCRT) – to enable AOD and mental health services to self-assess their capability to work with people with co-occurring mental health and AOD issues. WAAMH and WANADA met with key people within MHC, health service providers and the non-government AOD and mental health sectors to brief them about the tool and pilot and seek their feedback. The goal is to roll the tool out across the AOD and mental health sectors and public mental health services in 2023.

## **Rural Community Support Project**

Between July-December 2021 WAAMH undertook a self-funded project to understand the need for formal and informal community mental health supports in rural and remote WA and how they can be strengthened and better supported. Site visits and extensive consultation was undertaken with local communities across the South West, Wheatbelt and Mid West. Priority was given to engaging smaller remote towns and communities located away from the main regional centres through face-to-face and/or remote consultation. Many of these towns and communities have limited or no community mental health support and/or no clinical mental health services.



South West consultations took place in Bunbury, Busselton, Margaret River, Collie, Boyup Brook, Manjimup and Bridgetown and involved 166 participants. Wheatbelt consultations were in Northam, Narrogin, Narembeen, Moora, Dalwallinu and Pingelly and involved 68 participants.

Mid West consultations took place in Geraldton, Mullewa and the North Midlands region (Carnamah, Perenjori, Three Springs, Mingenew, Morawa, Coorow) and involved 67 participants. More than 320 people participated in workshops, public events, structured interviews and meetings across the three regions. Nearly 500 people completed a survey. In 2022, WAAMH worked with the Centre for Social Impact at The University of WA to analyse the findings, draft the report and develop a strategy for dissemination and implementation of the findings. The project report and an implementation plan will be launched in early 2023.

### **A scoping project for an IPS model in the criminal justice system**

In the period July-December 2021 WAAMH partnered with the WA Justice Association (WAJA) to scope a model of employment support, specifically the Individual Placement and Support (IPS) model for use with people with mental health issues with offending histories in the criminal justice system to address the issue of employment. During the period January-June 2022 WAAMH worked with WAJA to review and finalise the report, plan a launch of the report and work on further development of the findings and recommendations of the initial project. This follow-up project will likely commence in 2023.

### **A project to strengthen the Criminal Law (Mentally Impaired Accused) Act 1996 (CLIMIA Act)**

Between January-June 2022 WAAMH undertook a project with WAJA to explore ways to improve the operation of the Criminal Law (Mentally Impaired Accused) Act 1996 (CLIMIA Act). Currently, the Act fails to provide accused people who have mental and/or cognitive impairment with access to natural justice, procedural fairness and appropriate treatment. The report *Justice Denied is Justice Delayed: A Report to Strengthen the CLIMIA Act* was launched in June 2022 and WAAMH and WAJA have begun work to raise awareness and advocate for the recommendations contained in the report.

### **Mental Health and Private Rental Tenancy**

WAAMH is working on a range of initiatives to do with housing and mental health, including scoping service models and initiatives to support people with mental health issues who live in private rentals and to make private rental housing a more appropriate tenure for people with mental health challenges. In 2021-22 WAAMH partnered with Wellways Australia to promote the Doorway model in WA. WAAMH also partnered with students from the School of Population and Global Health at The University of WA to undertake a brief literature review into links between living in private rental and mental health.

### **Other projects and initiatives that WAAMH project contributed to**

In 2021-22 WAAMH staff were involved in implementing recommendations from seven previous WAAMH projects, working on the development of six new projects and contributing to more than 30 initiatives and projects undertaken by MHC, other government agencies and non-government agencies.

# SECTOR DEVELOPMENT & TRAINING



**WAAMH continued to provide a suite of courses relevant to responding to the needs of a broad range of people across community organisations, government and private sectors.**

COVID-19 had an impact on training demand in previous years, and by mid-2021 demand for, and facilitation of, training showed signs of improvement. However, the outbreak of the Omicron variant in WA in late 2021-early 2022 caused disruption to WAAMH training during this time.

Many providers within the sector withdrew from training, especially face-to-face deliveries, so they could reduce the risk of exposing staff to infection or focus on business continuity. We did, however, experience an increase in demand outside our sector, as other parts of the community grappled with mental health implications associated with the pandemic, changes in community behaviour and industries sought to manage the impacts on the wellbeing of their workforce.

While face-to-face training remained the preferred mode of delivery for training, online delivery continued to add value, re-ignite interest, provide a much needed alternative option to accessing training in regional WA, and during times impacted by COVID-19.

The scholarship program has continued to play an important role to carers and consumers who would like to attend WAAMH's training courses but may not be able to due to financial barriers. Scholarships ensure access and equity is available to all.

Over the past year, WAAMH continued to strengthen relationships with North Metropolitan TAFE, WA Country Health Service and the Department of Biodiversity, Conservation and Attractions.

New course development included *Meditation and Wellbeing* and a collaboration with Anglicare WA, Uniting WA and the WA Network and Alcohol and other Drug Agencies to identify sector needs with the intent to develop a more intensive *Mental Health, Alcohol and Other Drugs* course.

WAAMH actioned two WA Mental Health Commission (MHC)-funded sector projects over the year. The *Trauma Informed Practice* course was offered for free to people who worked in community services and mental health, with the aim of helping workers understand the needs of those impacted by trauma and how best to support recovery.

The *Pre-employment Pilot Program* was designed to provide sector-specific information, skill training and opportunities for people to consider mental health work as a career and then connect with relevant employers, and rolled out throughout the year.

WAAMH welcomed a new in-house trainer to support both content development and training delivery. Gradually many of our core courses have undergone a review with materials being updated and modified and, in some cases being re-written, to bring them into line with current standards which more effectively meet community and sector expectations. The courseware review process will remain an integral part of how WAAMH responds to both feedback and the changes in need and demand for mental health training in WA.

Two further roles were also established within WAAMH's sector development team, in the form of a community engagement coordinator to engage more within the community mental health sector, and a lived experience engagement coordinator. Together these roles work closely on identifying the needs of the sector and building capacity of the lived experience (peer) workforce.

Finally, the Organisational Development Program (ODP), funded by MHC was extended until December 2022 to build the capacity and support needs of 10 organisations working in the mental health sector.

## KEY STATISTICS/ SNAPSHOT:

99

**MENTAL HEALTH  
TRAINING COURSES**  
delivered

38

**SEMESTER  
COURSES**  
delivered

61

**CONTRACT  
COURSES**  
delivered

17

**COURSES DELIVERED IN  
FOUR REGIONAL AREAS**  
(all contract courses)

54

**SCHOLARSHIPS OFFERED**  
for people with lived  
experience



**1994 PEOPLE TRAINED**



# COLLABORATIVE AND RESPONSIVE ENGAGEMENT (CARE) HUB



**CARE Hub had a very successful year with Lotterywest funding being confirmed for two years from December 2021 until December 2023. WAAMH has seen a spike in hub engagement to more than 1300 members and growing as the network grows and the need for the online platform grows.**

We hosted various groups, trainings and Community of Practices on the platform with growing resources across many topics relating to mental health. The 20-week Dialectical Behavioural Therapy skills course saw great engagement from the group and the use of the daily feeds, new material from the facilitator and ongoing discussions within the group made for it to be a very successful group on the CARE Hub.

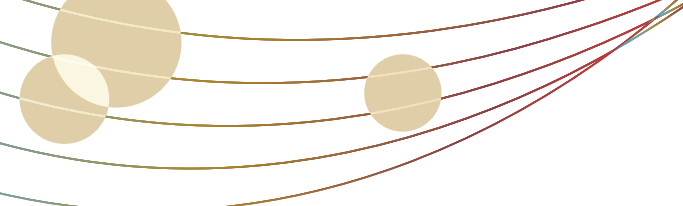
WAAMH also had the opportunity to partner with organisations to deliver information and training on the CARE Hub. The most recent example was the partnership with the Mental Illness Fellowship of WA (MIFWA) which delivered two sessions of a 'Reaching out' presentation which related to offering supports in the current COVID environment. This was a huge success not only from the engaging presentation and material from MIFWA peer facilitator and trainer Hayley Harris, but the opportunity for the participants to interact with the presentation with the use of the online platform and have the opportunity to share examples and ask questions.

CARE Hub has been delivered by the WAAMH team with trainer and facilitator Wilma Edwards along with lived experience consultant Vee Wilson. A CARE Hub lead and administration support officer were also appointed.

The CARE Hub has gone from strength to strength in responding to the community needs within the mental health sector. The free trainings allow for shorter sessions to reach a tired and time-poor sector. The CARE Hub increasingly brings together clinical, non-clinical and lived experience perspectives in mental health.

With the outbreak of COVID-19 in WA, people needed a safe and welcoming digital place to engage with like-minded people during this time to find comfort, connection and support – with WAAMH's CARE Hub offering just that.





## KEY STATISTICS / SNAPSHOT:

26

TRAINING COURSES RAN

17

TOPIC THREADS OPEN FOR DISCUSSION

1300

CARE HUB MEMBERS



# NDIS QUALITY AND SAFEGUARDING SECTOR READINESS PROJECT (PSYCHOSOCIAL PROVIDERS) PHASE TWO



**Funded by the Department of Communities (Communities) Phase Two of this project continued to build the capacity of registered NDIS psychosocial providers to operate in compliance with the NDIS Quality and Safeguarding Commission requirements, with a focus on restrictive practices and implementing providers.**

Highlights of Phase Two included:

## **1. Interactive Readiness Workbook: Core Module**

The Readiness Workbook: Core Module workbook was updated in line with Version 4 of the NDIS Practice Standards and released in March 2022. It has been extremely well received by the sector. The workbook assists providers to assess their organisational readiness to meet the standards and provides resources and suggestions to help fill those gaps.

The workbook is available as a hardcopy and online as an interactive PDF. Up until 30 June 2022, 104 updated hardcopies had been distributed and the webpage was accessed 280 times.

## **2. Online workshops**

The project delivered nine rounds of workshops. Topics included COVID support, the new standards, and restrictive practices and complaints. All received strong support from the sector and positive feedback from attendees.

## **3. Recorded online webinars**

To increase sector access to training, three recorded webinars were produced and are now available on the WAAMH website, with topics on complaints, the audit process and NDIS for boards.

Other highlights include the delivery of one-on-one tailored supports to providers and the development of a range of resources including checklists, factsheets and a dynamic COVID toolkit (now at Version 8). The project also identified systemic challenges, chaired the WAAMH NDIS Reference Group and contributed to and promoted relevant consultation/advocacy opportunities.

A further 18 months of funding has been secured from Communities for Phase Three of the project which will focus on putting policy into practice.

# KEY STATISTICS/ SNAPSHOT:

81

**PEOPLE ATTENDED**  
the WAAMH NDIS  
Psychosocial Service  
Providers Sector Forum

280 VISITS  
TO WAAMH  
NDIS WEBPAGE

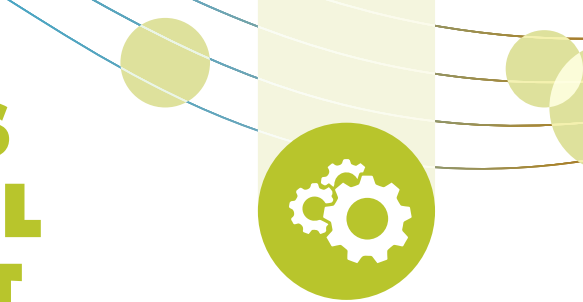


104

Updated  
**READINESS  
WORKBOOK:  
CORE MODULE**  
hardcopies delivered



# IPS WORKS INDIVIDUAL PLACEMENT & SUPPORT



The IPS WORKS team continued to support 50 headspace sites across Australia to deliver the IPS Program funded by the Department of Social Services (DSS). This work has involved providing ongoing mentoring and support to the headspace sites and conducting fidelity reviews.

The IPS WORKS team moved in under the Sector Development team with Cassie MacDonald being appointed as the sector development manager and Roshani Shrestha as the IPS Program lead.

DSS expanded the IPS Program to the Community Adult Mental Health Services commencing a trial at two Head to Health sites, one in Midland, WA and one in Darwin, Northern Territory. WAAMH was contracted to deliver technical support and fidelity reviews for this trial.

The WA Mental Health Commission (MHC) has redirected the funding for IPS to pilot an integrated IPS program within a community-managed mental health service provider. WAAMH had been commissioned to subcontract a community-managed provider. A call for expressions of interest was sent on 11 July 2022, a briefing was held on 19 July and expressions of interest closed on 5 August.

IPS WORKS was also contracted to conduct five fidelity reviews and fidelity review training by Community Bridging Services (CBS) in South Australia. A fidelity review and the training were completed in June. Two fidelity reviews have been completed in July. Two reviews are yet to be scheduled.

Roshani Shrestha represented the IPS WORKS team at the International Learning Community Annual General Meeting held in Detroit, in the United States, in early May 2022. The meeting had been cancelled for the past two years due to COVID-19. Representatives from England, Iceland, Norway, France, Spain, Holland, and across the USA were in attendance. The meeting provided a good opportunity to build a relationship with our international peers. Research updates on current IPS studies and trials were also presented during the event. One of the founders of the IPS model, Debbie Becker, announced her retirement and was farewelled during this meeting.



# headspace sites

○ IPS WORKS Locations ● Head to Health sites  
● Youth Focus site ● Community Bridging Services

### New South Wales

- Ashfield
- Bankstown
- Bega
- Dubbo
- Gosford
- Grafton
- Newcastle
- Nowra
- Penrith
- Tamworth
- Wagga Wagga
- Wollongong

### Victoria

- Ballarat
- Bendigo
- Dandenong
- Frankston
- Geelong
- Knox
- Melton
- Shepparton
- Sunshine
- Warrnambool
- Werribee

### Queensland

- Caboolture
- Cairns
- Hervey Bay
- Inala
- Ipswich
- Mackay
- Meadowbrook
- Mount Isa
- Rockhampton
- Townsville

### Western Australia

- Albany
- Broome
- Bunbury
- Geraldton
- Joondalup
- Kalgoorlie
- Midland

### South Australia

- Edinburgh North
- Murray Bridge
- Onkaparinga
- Port Augusta
- Port Lincoln

### Northern Territory

- Alice Springs
- Darwin

### Tasmania

- Devonport
- Hobart

### Australian Capital Territory

- Tuggeranong



# MENTAL HEALTH PROMOTION



Throughout the financial year, the Mental Health Promotions team focused on delivering its major annual campaign, WA Mental Health Week and organising the WA Mental Health Awards, while playing a supporting role in other national awareness campaigns, and facilitating networking events in the sector.

The biennial WA Mental Health Conference, delivered by the Mental Health Promotions team, was re-scheduled from May 2022 to November 2022 due to the ongoing, changing nature of the COVID-19 pandemic in WA. This also led to the conference moving to a hybrid model, allowing delegates to both attend in-person in Perth or attend virtually via interactive online streaming.

Events and campaigns the Mental Health Promotions team supported during 2021-22:

- WA Mental Health Week Opening and Closing Ceremonies
- Member's lunch with CEO update on WAAMH's activities and projects
- Three sector forums across the South West to explore mental health community support needs
- Two virtual mental health sector COVID Preparedness Roundtables providing a safe space for WAAMH to check-in on mental health sector and service delivery preparedness in the face of rising Omicron cases.
- Through a partnership with Page Personnel, WAAMH hosted the 'Workplace Mental Health in an Ever Changing World' event with more than 100 guests from the corporate sector.
- Support for NAIDOC, Reconciliation, Schizophrenia Awareness, Carers, and Homellessness Weeks.



# WA MENTAL HEALTH WEEK

Mental Health starts with our  
**CHILDREN**



**The theme for WA Mental Health Week in 2021 was 'Mental health starts with our children', aiming to draw much-needed attention to the critical importance of early childhood as the ideal time to build a strong foundation for an individual's mental health, resilience and emotional and social wellbeing for life.**

The theme recognised how a person's mental health reflects the interaction of a lifetime of individual, environmental, community and family factors. The campaign was successful in creating and sharing resources, factsheets, videos, tips, supports and strategies to promote positive outcomes from birth to adolescence. These proved popular with organisations and community groups working with children, as well as parents, caregivers, teachers and other professionals, with website visits and downloads nearing 100,000.

Mental Health Week also fostered the curation of community events around WA via WAAMH's long-standing Community Grants Program, providing 78 grants to organisations to hold their own events, with 36 hosted in Perth and 42 in regional areas. There were 400 community events held in total around WA during the week, and 10,000 green awareness ribbons distributed.

WAAMH produced a four-minute documentary on the importance of children's mental health, thanks to funding from Lotterywest and participation from the Telethon Kids Institute, Thrive By Five of Minderoo Foundation and Amy Coombe. This video reached more than 20,000 people and received about 5000 views. Parenting expert Maggie Dent even endorsed and shared the video on her public platforms.

WAAMH partnered with West Cycle and Richmond Wellbeing for the Opening Ceremony family bike ride around Big Swamp in Bunbury followed by the FONDO Series through the Ferguson Valley. WA Mental Health Week was officially opened by Bunbury local and Member of Parliament The Honourable Donald Punch MLA. Our partnership with The Jungle Body continued for a third year, this time holding the TikTok Dance Challenge, following its choreography to get people moving and having fun, with 500 people participating.

The week was also marked by the release of landmark videos and reports, including a music video by The University of WA, The National Mental Health Commission's Children's Mental Health and Wellbeing Strategy and SportWest's Mental Health and Wellbeing Community Sport Framework.

Social media engagement continued to climb with 2000 people posting and sharing mental health content and WAAMH's researched and designed tiles reaching 30,000 people.



# WA Mental Health 2021 Awards



WAAMH celebrated the winners of the 2021 WA Mental Health Awards in November at Beaumonde on the Point in Perth. The Awards are presented with support from the WA Mental Health Commission (MHC), to celebrate individuals and organisations that made an outstanding contribution to mental health in the 2020 calendar year through excellence, innovation and initiative.

The Awards Ceremony and Celebration event has continued to be a stand-out event for the mental health sector in WA, acknowledging organisations and individuals doing incredible work to keep Western Australians mentally well. This year was a sell-out event of nearly 300 attendees including delegates from government, the mental health sector and representatives from organisations and communities who have a passion for mental health.

In a sector with many quiet achievers, the Awards are an important opportunity to shine a spotlight on their achievements and celebrate the passionate, dedicated and innovative people, organisations, groups and projects in the mental health sector we're fortunate to have.

Mental health impacts everyone in some form at some stage of their life so it should be high on the agenda for individuals, organisations and communities. The WA Mental Health Awards recognise individuals and organisations from a diverse range of sectors and broader WA community for this exact reason – positive mental health should be the aim for everyone and championed when demonstrated in the mental health sector, workplaces, groups and communities.

More than 160 nominations were received across the nine categories and were judged by a panel that included mental health sector employees, mental health lived experience consumers and carers, and MHC representatives.

This year's categories included the inaugural Minister's Award, presented by the Minister for Mental Health, for an individual regarded as an 'all star', celebrating their overall outstanding contribution to mental health in WA. This award recognised someone who displayed best practice at every level, a true dedication to service in the mental health sector and was proven to hold an all-round skills set to benefit the outcomes for people living with mental health challenges in their community, including their families and carers.

The number of nominations across the categories outside mainstream or traditional mental health settings signaled the universal message that mental health awareness and supports matter everywhere we live, learn, work and play.



# And the winners in 2021 were...

## Minister's Award

### 🏆 WINNER

Professor Juli Coffin

### FINALISTS

- Julian Pace
- Kristen Orazi

## Lotterywest Diversity Award

### 🏆 WINNER

Connection and Wellbeing Australia

### FINALISTS

- headspace Pilbara
- Dismantle

## Act Belong Commit Mental Health Employee or Volunteer Excellence Award

### 🏆 WINNER

Irene Patroni

### FINALISTS

- Majorie Kalunga
- Naomi Carter

## Commissioner for Children and Young People of WA Mentally Healthy Education Award

### 🏆 WINNER

Mount Barker Community College

### FINALISTS

- Narembeen District High School
- Westfield Park Primary School

## WA Mental Health Commission Lived Experience Impact and Inspiration Award

### 🏆 WINNER

Julian Pace

### FINALISTS

- Rahul Seth
- Josh Langley
- Adam Przytula

## Youth Focus Innovation for Change Award

### 🏆 WINNER

Yawardani Jan-ga

### FINALISTS

- Beacon – cyber safety app
- Mental Illness Fellowship of WA

## Lifeline WA Prevention or Promotion Award

### 🏆 WINNER

Youth Focus

### FINALISTS

- HelpingMinds
- Mentally Healthy WA – Act Belong Commit
- Erin Erceg

## Chamber of Minerals and Energy of WA Mentally Healthy Workplace Award

### 🏆 WINNER

Clough

### FINALISTS

- FBR Limited
- Monadelphous
- City East Community Mental Health Service

## Western Australian Association for Mental Health News Media Award

### 🏆 WINNER

Shireen Narayanan and Celia Tait  
– Wild Butterfly documentary

### FINALISTS

- Lee Steele, Channel 10
- Christine Layton, Molly Schmidt and Tasha Broomhall  
– Inside Out radio segment, ABC Radio Perth

# FINANCIAL OVERVIEW



WAAMH remains in a strong financial position with a comfortable surplus while navigating another year influenced by COVID-19 restrictions.

WAAMH continues to work closely with auditor RSM on reviewing grants and service agreements against the new Australian Accounting Standards, AASB 15 Revenue from Contracts with Customers, and AASB 1058 Income of Not-for-Profit Entities. Certain determinations can create larger surpluses or deficits as some grant revenue is realised in one year and the associated expenditure is used in the next.

## Revenue

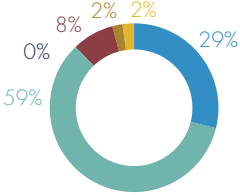
Across the organisation revenue increased in the 2021-22 financial year. Service Agreement revenue reduced slightly due to a reallocation of the WA Mental Health Commission (MHC) IPS funding which moved from WAAMH’s primary service agreement to a separate agreement, now allocated to grants.

Reportable Grant revenue increased significantly compared to the previous year, though contracted funding is only slightly more than the previous year. The increase is influenced by the application of AASB 15 Revenue from Contracts with Customers and AASB 1058 Income of Not-for-Profit Entities and associated with the applied standards requiring some early funding payments to be realised in this financial year.

Training and Program Fees increased slightly with strong training attendance. While online training is still being delivered, the face-to-face attendance increased, as COVID-19 public health restrictions were lifted. Events and Activities revenue decreased in line with the reduction of organised face-to-face events. This included the WA Mental Health Conference moving to the 2022-23 financial year due to COVID-19.

WAAMH’s membership revenue dropped slightly, attributed mainly to standard individual member numbers returning after the spike created by the Prevent Support Heal campaign. Other revenue fell significantly associated with the end of the government COVID-19 subsidies.

- Service agreements
- Grants
- Training & program fees
- Events & activities
- Membership fees
- Other revenue



INCOME	2021-22	2020-21
Service agreements	\$946,594	\$1,048,666
Grants	\$1,926,829	\$1,248,745
Training & program fees	\$239,416	\$217,046
Events & activities	\$72,360	\$162,353
Membership fees	\$65,380	\$72,618
Other income	\$5,126	\$313,704
<b>Total income</b>	<b>\$3,255,705</b>	<b>\$3,063,132</b>

## Expenditure

WAAMH's expenditure overall decreased in 2021-22, still being influenced by its existing contracts including the MHC service agreement, active grants, contracted projects and the training and event commitments.

A decrease in Systemic Advocacy expenditure was partly associated with reduced consultancy and travel. Both Sector Capacity Building and Workforce Development & Training expenditure was steady, with the continuation of the NDIS and CARE Hub projects along with an increase in training as COVID-19 restrictions reduced.

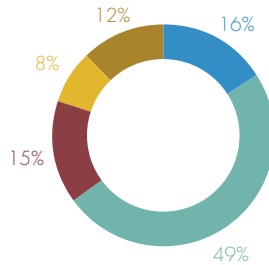
Mental Health Promotion expenditure has decreased over the last three years with the reduction connected to reduced additional funding for specific projects. The MHC's service agreement expenditure during this time has remained consistent.

Efficient operations and robust governance remained a priority for WAAMH, with these administrative expenses being only 12% of WAAMH's expenditure.

WAAMH retains a good financial position with strong and diverse funding streams allowing the organisation to continue to advocate for and develop the WA community mental health sector.

### Expenditure by Activity 2021-22

- Systemic Advocacy
- Sector Capacity Building
- Workforce Development & Training
- Mental Health Promotion
- General Operations & Governance



EXPENDITURE BY ACTIVITY	2021-22	2020-21
Systemic Advocacy	\$488,456	\$625,752
Sector Capacity Building	\$1,485,332	\$1,551,007
Workforce Development & Training	\$453,653	\$458,766
Mental Health Promotion	\$244,131	\$327,093
General Operations & Governance	\$393,323	\$367,388
<b>Total expenditure</b>	<b>\$3,064,895</b>	<b>\$3,330,006</b>

## Strong and thriving mental health community

At the Western Australian Association for Mental Health (WAAMH) we work to support and enable recovery in people affected by mental health concerns, through the development and representation of community mental health service providers, and by our direct engagement in understanding the experiences of people living with mental health challenges in WA.

We work to influence policy and funding decisions that will help create a strong and sustainable range of community mental health services, to provide contemporary, individualised and responsive support for people across the breadth of our state.



**WAAMH**

Western Australian Association  
for Mental Health



### Membership

Join a network that influences mental health priorities and community attitudes



### Service directory

Find a community mental health service in your area



### Support us

Corporate partnerships, sponsorship, donations, bequests and volunteering

 @WAMentalHealth

 @TheWAAMH

 @MentalHealthWeekWA

 @TheWAAMH

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