

# Annual Report



**WAAMH**

Western Australian Association  
for Mental Health



Western Australian  
Association for Mental Health

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1 July 2020 - 30 June 2021



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The Western Australian Association for Mental Health (WAAMH) acknowledges the Whadjuk Noongar people as the traditional custodians of the land and water where WAAMH is situated. We pay respect to Elders past, present and emerging, and acknowledge the ongoing spiritual connection that Aboriginal peoples have to the lands across Western Australia.

The Western Australian Association for Mental Health (WAAMH) is the dedicated peak body for community mental health services in Western Australia.

## Strategic Plan 2019–2024

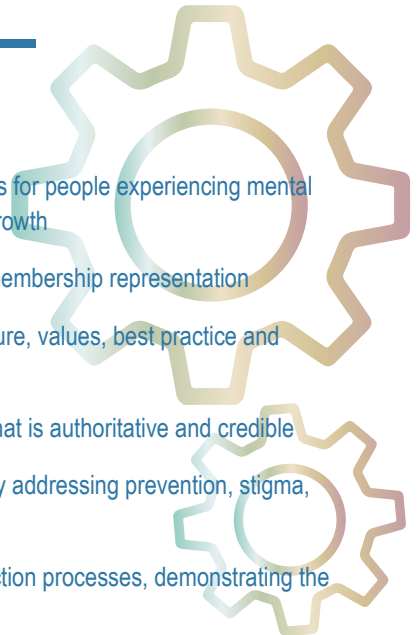
**Our vision: As a human right, every one of us will have the resources and support needed for mental wellbeing, recovery and citizenship.**

### CHANGE PRIORITIES TO ACHIEVE OUR VISION

1. Progress the 10 Year Plan target for balancing the system towards prevention
2. Progress the 10 Year Plan target for balancing the system towards community support
3. Influence NDIS implementation in WA to ensure it's responsive for people with psychosocial disability
4. Uphold the human rights and hear views from those most disadvantaged by the mental health system

### Our actions to achieve this change

- Lead the development of contemporary service responses for people experiencing mental health challenges and develop the sector's capacity for growth
- Enhance our authority and influence by maximising our membership representation
- Ensure the organisation is structured cohesively with culture, values, best practice and systems in place that support our mission
- Set the agenda with powerful and persuasive advocacy that is authoritative and credible
- Grow capacity in the community that enables wellbeing by addressing prevention, stigma, social determinants
- Lead by example in co-creation, co-design and co-production processes, demonstrating the value of lived experience and promote recovery



# President's Report



**In presenting the 2020-21 Annual Report this year, I am proud to report yet another year of significant achievements and growth for WAAMH.**

In a year when significant national and international reports landed resoundingly endorsing WAAMH's well-established work to support the sector to build strong rights and recovery based community supports and options for people, WAAMH continued to develop strong contemporary models and press for a rebalancing of investment into these approaches. We also continued to build strong working relationships with both health and non-health sectors, given the bi-directional effects of mental health and social determinants.

This work, strongly supported by a courageous and dynamic Board, took the form of an effective and popular community, grass-roots based Prevent Support Heal campaign, as well as the development of key sector-enhancing capabilities, such as our CARE Hub, co-designed contemporary models of support, customised training, and our IPS program. I would particularly like to thank the thousands of community members who were part of our campaign for their courageous commitment to transforming our mental health system.

We expect that with the finalisation of the National Partnership Agreement - which amongst other things, will determine the funding responsibilities for the psychosocial sector, some of the long-standing structural barriers to investing in community based supports will be overcome, and we can continue to build on the foundational work the sector has been doing.

This year saw a new Minister for Mental Health, the Honourable Stephen Dawson MLC, with the separation of the Mental Health portfolio out again from the Health portfolio. WAAMH welcomes this development and warmly welcomes our new Minister. We look forward to working productively with him in the coming years, particularly given his commitment to building community supports and services.

At a Board level, we farewelled five long-standing directors whose terms ended after many years of outstanding, passionate and committed work serving WAAMH and the sector.

Pam Gardner, former vice-chair, departed after over a decade on the WAAMH Board driving both lived experience empowerment and speaking strongly to the rural and remote perspectives. She also contributed at a sub-committee level as chair of the Governance sub-committee and our Lived Experience sub-committee. During this time, she also championed and developed Western Australia's first Recovery College. We thank Pam for her long-standing and strong commitment to the sector.

Tara Reale also departed as a lived experience Board member, and I would also like to thank her for her strong contribution in developing WAAMH's commitment and capability to privileging the lived experience voice at a governance level.

Justine Colyer, after two terms on the Board, also left after providing a strong cross-sector voice on the board, and promoting cross-collaboration between WAAMH and other peak bodies. She also served as chair of our Governance sub-committee.

Bev Wilson also left our Board and her contribution, particularly in the area of homelessness and innovative approaches was invaluable.

Finally, Emma Jarvis also left our Board. Emma made many strong contributions to the Board, bringing a strong alcohol and other drug focus, strong governance and organisational skills.

At our last AGM, we welcomed Shaun Mays from Rise, Carli Sheers as a lived experience Board Member, Chelsea Hunter from Hope Community Services (based in Kalgoorlie), Nicole Lockwood as a family lived experience Board Member, and Arthur Papakotsias from Youth Focus. We are so privileged to be able to attract such highly skilled and committed people to the Board.

I thank the Board for its unwavering commitment and integrity in driving towards a balanced and contemporary system of mental health supports and their generosity of time, focus and spirit given to WAAMH and the important role it plays in the sector.

This year, we also farewelled our Elders Uncle Charlie and Auntie Helen Kickett, who have been with WAAMH for many years guiding our practice, growing and maturing our knowledge in relation to working with Aboriginal people. Our sadness at farewelling them is softened by knowing their important work continues as Elders in Residence with the Mental Health Commission.

The professionalism of WAAMH's staff led by chief executive officer Taryn Harvey, continues to drive this performance and the personal commitment to our vision evident in this professional pride is remarkable. As a mental health organisation, it is important that we lead the sector in providing a workplace where people enjoy working together on meaningful endeavours, and it is pleasing to see this continue as WAAMH grows in size and complexity.

Finally, in reflecting on the work of the last year and the environment of mental health reform, the importance of our members in supporting us to continue to push for system transformation has been critical. Your continued support and engagement in the coming year, as the outputs and recommendations of the seminal national and international reports begin to emerge within the context of the National Partnership Agreement, will be more important than ever.

**Kerry Hawkins - President**

# Chief Executive Officer's Report



The 2020-21 financial year was one of significant strategic achievements, operational activity, change and challenge as the Western Australian Association for Mental Health (WAAMH) sought to not only respond to the demands of others, but also continue to drive our own strategic priorities.

From the outset I would like to acknowledge the WAAMH team for their ongoing and active reflection on WAAMH's values in our work as individuals and an organisation, and my personal appreciation for the courage, integrity and inclusiveness that you've shown this year. Thank you also to the Board for their continued support and guidance during 2020-21 and for their commitment to the values of self-determination and courage that underpinned some of our new strategies this year.

A highlight of the 2020-21 year was a sector event for our members to show our appreciation of their responsiveness to the COVID-19 impacts in our community. While people stayed away from hospitals to support public health, their distress was contained at home and with their families. Our sector and the countless unpaid family members and carers, played an essential role in supporting people to stay away from hospitals and it was important that we acknowledge that.

Mental Health Week 2020 offered another positive opportunity to celebrate the community's role in supporting good mental health, as we continued our Live, Learn, Work, Play theme in a COVID-free WA at a time when social determinants had never been more in focus.

Like all organisations we continued to stay connected through technology, and in anticipation of potential persistent lockdowns, we developed an online collaborative and responsive engagement platform to help the clinical and non-clinical mental health workforce and people with a lived experience to connect around mental health practice. The Collaborative and Responsive Engagement Hub (CARE Hub) was launched in February featuring several streams, including facilitated communities of practice and interactive learning sessions. Facilitation and moderation of the Hub is an important defining feature.

In November we released our Increasing and Improving Community Mental Health Supports in WA report in partnership with The University of WA Centre for Social Impact. This landmark report presents practical, co-designed solutions underpinned by demonstrated evidence of successful principles. The project engaged more than 150 consumers, carers, family members and service providers. We also commenced a new regional community support needs assessment which we hope will form the base for local co-designed solutions.

In other sector development this year, we were pleased to develop a model of care with the Personality Disorders Mental Health Network.

We were also funded by the WA Mental Health Commission and Department of Communities for several short-term projects focused on community mental health workforce needs of organisations and transition to the National Disability Insurance Scheme Quality and Safeguards Commission.

Throughout 2020-21, WAAMH continued advocacy for a balanced mental health system.

Both the Productivity Commission report on mental health and the Victorian Royal Commission into mental health, released this year, reiterate the need for transformation of our mental health systems away from reliance on acute and emergency services and towards community-based responses that meet people's human needs.

The Productivity Commission report included several priorities WAAMH supports, including a recommendation to rollout our successful Individual Placement and Support (IPS) program nationally across adult mental health services. Another nod to the IPS WORKS team's success as it doubled its national sites to 50 mid-year.

This year marked a time of both change and growth at WAAMH with several staff departures and new arrivals. Welcome to the staff who joined us this year and thank you to our existing team who have flexibly supported the extreme surge in activity.

I'd like to particularly acknowledge the departure of long-serving team member, Advocacy and Sector Development manager Chelsea McKinney, who left WAAMH to take an opportunity as chief executive officer of Community Legal WA. Chelsea's years of work on WAAMH's advocacy agenda has been a foundation for our current strategic plan and our strong advocacy, culminating in the Prevent Support Heal campaign and offering other practical solutions. Thank you Chelsea for your vast contribution to WAAMH's objectives over eight years.

Prevent Support Heal was a grassroots community campaign of people with lived experience demanding mental health reform and investment in the optimal service mix ahead of the State Election.

The advent of COVID focused community attention to mental health and WAAMH decided it was essential to make changes that would help people stay well and reduce our reliance on emergencies and acute care settings in favour of well-supported community settings. The practical models Prevent Support Heal put forward as solutions were grounded in co-design and supported by evidence demonstrating similar supports.

While we didn't secure the level of transformational investment necessary to progress the optimal service mix, we were successful in securing some new investments in community support for young people.

I'd like to thank the campaign team, volunteers and community members who supported the effort; courageously shared their personal stories; wrote to or visited Members of Parliament or candidates, calling for change which supports self-determination and social inclusion; grounded in human rights, recovery, personalisation and choice. Such transformation shall remain WAAMH's focus.

**Taryn Harvey - CEO**



## WAAMH Board 2020–21

**Kerry Hawkins – President:** Kerry was appointed president of WAAMH in 2016 and re-elected in 2019. She has had a professional career in the private and government sectors, including with the NDIS and the WA Mental Health Commission. Her other directorships include Emerging Minds, Mental Health Carers Australia, Community Mental Health Australia, HelpingMinds and the Recovery College of WA. She is deputy co-chair of the National Mental Health Consumers and Carers Forum and a Commissioner with the National Mental Health Commission. A graduate of Boston University's Global Leadership Institute, Kerry draws on her lived experience as a family member significantly impacted by trauma and unsupported distress.

**Shannon Calvert – Vice President:** Shannon is a lived experience professional, having experienced long-standing physical and mental health challenges. Her expertise lies in collaborating alongside clinicians, researchers, and organisations that champion wellbeing through education, training, and supervision. She has worked for both government and non-government organisations as a consumer consultant, peer worker and mental health trainer, completed Cert IV in Mental Health Peer Work and graduated as a Lived Experience Educator. Shannon sits on State and national boards, committees and working groups advocating for person-centred, recovery-oriented, and integrated best practice.

**Carli Sheers, Board Director & Consumer Representative:** Carli enjoys a deep understanding of the community-managed mental health sector through her employment at Grow and Richmond Wellbeing. Carli founded her own business and provides lived experience consultancy and leadership on a local, State and national level to actively contribute to mental health reform including co-designing the WA Recovery College. She possesses both an operational and governance understanding of WAAMH through previous board support work.

**Arthur Papakotsias, Board Director & Youth Focus CEO:** Arthur is committed to improving health and wellbeing outcomes for young people. Since joining in January 2019, he has embarked on significant reform to diversify the organisation's programs, expand its reach and provide comprehensive wrap-around support for young people. Arthur served as director of Housing Choices Australia, a national provider of affordable housing, from 2011 to 2018 and the chair of its Finance Audit and Risk Committee for four years. Arthur holds a Graduate Diploma of Business (Health Services Management) from RMIT University and attended three residential leadership programs at Harvard Business School, as well as serving on numerous other boards.

**Deborah Childs, Board Director & HelpingMinds CEO:** Deborah is CEO of HelpingMinds, a not-for-profit working alongside and supporting individuals, families and carers experiencing mental health challenges. With over 25 years' leadership experience in large and small commercial enterprises Deborah brings a diverse skill set including legal, financial and communications. Deborah is a Fellow of the Australian Institute of Management and a Graduate of the Australian Institute of Company Directors. With lived experience as a mental health carer. Deborah is a passionate advocate to drive the change we need.



**Lorrae Loud, Board Director & Lived Experience Representative:** Lorrae held the helm as CEO for 20 years at Lamp, a community-based NGO providing psychosocial support services to consumers and families across the South West. She is a graduate of Murdoch University with degrees in Sociology, Adult Education and Policy. Lorrae is a sitting member of the South West Regional District Health Advisory Council and has been a member of the Mental Health Tribunal for 12 years.

**Chelsea Hunter, Board Director & Hope Community Services Regional Manager:** Chelsea is an experienced leader who is currently the Executive Regional Manager for Hope Community Services in the Goldfields, a position she has held for 7.5 years. She oversees a range of services in the alcohol and other drugs, mental health, family and domestic violence and justice sectors. Chelsea is passionate about supporting people in regional and remote communities to live healthy and connected lives, particularly the lives of Aboriginal people. She has recently completed an MBA and holds Bachelor and Post Graduate qualifications in Anthropology and Addiction and Mental Health.

**Lorna MacGregor, Board Director & Lifeline CEO:** Lorna MacGregor has been CEO of Lifeline WA since 2016 where the dedication and non-judgemental compassion of the volunteer crisis supporters inspires her every day. An experienced senior executive, Lorna has had a diverse and varied career. Lorna has held senior roles in both corporate and not-for-profit organisations including, HBF, healthdirect Australia, Activ and Perth North Medicare Local. Lorna has an MBA, is an Associate Fellow of the Australian Institute of Management and a Member of the Australian Institute of Company Directors.

**Monique Williamson, Board Director & Mental Illness Fellowship of WA CEO:** Monique is CEO of MIFWA and a member of the national organisation Mental Illness Fellowship of Australia. Monique has a Masters in Social Change and Development, an Associate Degree in Training and Development and more than 30 years' experience in the community services sector. She has worked in both the NGO and public sectors in WA and undertaken senior sector development roles including with the peak body National Disability Services and as an Executive Director of the Disability Service Commission.

**Nicole Lockwood, Board Director & Lived Experience Representative:** Nicole is an experienced executive with more than 18 years working in law, government and advisory including a decade of board experience on government, corporate and not-for-profit boards. Her background in infrastructure, economic development and community engagement provides her with a unique insight into the complexity of planning and delivering large infrastructure projects in an environment of ever-changing social expectations. Nicole has lived experience with the mental health system as a family member and carer.

**Shaun Mays, Board Director & Director of Strategy and Growth at Rise:** Shaun is Director of Strategy and Growth at Rise as well as holding board positions for GLBT Rights in Aging, and Sexuality Education Counselling and Consultancy Agency. He has 25 years' experience in the human services sector and held senior management positions for 15 years. He has extensive experience working across child protection, youth, mental health, drug and health sectors; and is passionate about client-centred service delivery and empowering clients to meaningfully take part in service design. He holds degrees in Business and Social Work (Hons), and has been a member of the Australian Association of Social Work since 2002.



## Board Committees 2020–21

To support sound governance and lived experience participation and collaboration, WAAMH’s Board was supported by the following committees during 2020-21.

### Board Executive Committee

**Members:** *Kerry Hawkins, Shannon Calvert, Monique Williamson, Deborah Childs*

The Board Executive Committee is made up of the Board Chair and Deputy Chair and the Chairs of the Finance Committee and the Governance, Risk and Remuneration Committee.

The Board Executive Committee support the Board in fulfilling its strategic direction and Board operations.

The Chief Executive Officer attends committee meetings in an ex officio capacity.

### Finance Committee

**Members:** *Deborah Childs (Chair), Shannon Calvert, Lorna MacGregor, Shaun Mays, Chelsea Hunter*

The Finance Committee provides advice to the WAAMH Board concerning the financial strategy and compliance of the Association, including financial controls, accountability, financial reporting, and policies. The Chief Executive Officer and Manager Corporate Services attend committee meetings in an ex officio capacity. Mr Rod Lillis attended meetings to provide independent accountant consultation to the committee.

Directors may attend meetings as observers on a regular basis. In 2020-21 president Kerry Hawkins attended meetings regularly. In 2020-21 the Finance Committee reviewed monthly financial reports, supported the preparation of the annual budget and oversaw further improvements to WAAMH’s financial controls and accountability.

### Governance Risk Remuneration and Nominations (GRRN) Committee

**Members:** *Monique Williamson (Chair), Shannon Calvert, Arthur Papakotsias, Lorrae Loud*

The GRRN Committee supports the Board in fulfilling its statutory, fiduciary and regulatory obligations, assists with Board performance, Director nomination, succession and development, oversees CEO performance and WAAMH’s strategic management.

The Chief Executive Officer attends committee meetings in an ex officio capacity.

Directors may attend meetings as observers on a regular basis. In 2020/21 the President, Kerry Hawkins, attended committee meetings as an observer.

### Lived Experience Partnership Committee

**Members:** *Carli Sheers (Chair), Shannon Calvert, Kerry Hawkins*

The Lived Experience Partnership Committee is focussed on developing WAAMH’s practices in lived experience engagement, partnership and co-production to enable WAAMH to implement and role model best practice.

In 2020/21 the Lived Experience Partnership Committee worked with the CEO to align their work plan with WAAMH’s strategic plan.

The Chief Executive Officer attended committee meetings in an ex officio capacity.

Directors may attend meetings as observers on a regular basis.

**WAAMH 2020/21 Board**

Karry Hawkins – President  
 Shannon Calvert – Vice President, Consumer Representative  
 Deborah Childs – Finance Committee Chair, CEO HelpingMinds  
 Arthur Papakotsias – CEO, Youth Focus  
 Shaun Mays – Director, Strategy & Growth, Rise Network  
 Lorna MacGregor – CEO, Lifeline WA  
 Monique Williamson – GRRN Committee Chair, CEO, Mental Illness Fellowship WA  
 Nicole Lockwood – Carer Representative  
 Lorrae Loud – Carer Representative  
 Carli Sheers - Consumer Representative  
 Chelsea Hunter - Hope Community Services Executive Regional Manager Goldfields

**Departures**

Emma Jarvis - CEO Palmerston Association  
 Pamela Gardner - Vice President, Carer Representative  
 Justine Colyer - CEO, Rise Network  
 Tara Reale - Consumer Representative  
 Beverley Wilson-Malcolm - CEO, Collective Hope Community Services Ltd

**Directors Attendance 2020-2021**

NAME	MEETINGS ATTENDED	MEETINGS POSSIBLE
Kerry Hawkins	6	7
Pamela Gardner	2	2
Bev Wilson	1	2
Justine Colyer	2	2
Tara Reale	1	2
Monique Williamson	6	7
Lorna MacGregor	4	7
Debbie Childs	6	7
Shannon Calvert	6	7
Emma Jarvis	1	2
Arthur Papkotsias	6	6
Chelsea Hunter	4	5
Shaun Mays	5	5
Lorrae Loud	5	5
Nicole Lockwood	4	5
Carli Sheers	5	5



# WAAMH Staff

From 1 July 2020 to 30 June 2021

Taryn Harvey  
*Chief Executive Officer*

Colette Wrynn  
*Practice & Sector Development Manager*

Cassandra MacDonald  
*IPS Manager*

Nigel Barrett  
*Manager Corporate Services*

Brooke Johns  
*Manager Public Relations*

Shendelle Oliver  
*Marketing & Events Manager*

Elizabeth Conner  
*Senior Policy Officer*

Colin Penter  
*Project Lead*

Roshani Shrestha  
*IPS Senior Support & Evaluation Officer*

Corey Dwyer  
*IPS Support & Evaluation Officer*

Kenneth Dinsdale  
*IPS Support & Evaluation Officer*

Diane Moe  
*IPS Support and Evaluation Officer*

Cindy Cox  
*IPS Support and Evaluation Officer*

Elizabeth Crayton  
*IPS Administration Support Officer*

Nicole Fitch  
*Project Officer - NDIS QSC Sector Readiness Project*

Wilma Edwards  
*CARE Hub Facilitator*

Deborah Geddes  
*Support Officer - Mental Health Collaborative and Responsive Engagement (CARE) Hub*

Lorna Lobo  
*Training & Administration Support Officer*

Mawghan Elverd  
*Training and Membership Administration Support Officer*

Christine Hastie  
*Finance and Corporate Services Support Officer*

Sarah Quinton  
*Campaign Manager*

## Departures

During 1 July 2020 – 30 June 2021

Chelsea McKinney  
*Manager Advocacy and Sector Development*

Aden Kenworthy  
*Campaign Field Organiser*

Alira Palmieri  
*Aboriginal Sector Development Lead*

Cheryl Fernandez  
*IPS Administration Support Officer*

Claire Timmel  
*Project Officer - NDIS QSC Sector Readiness Project*

Eimear Boland  
*Training Coordinator*

Johanna Fletcher  
*Training Coordinator*

Kendal O'Brien  
*Training, Membership and Communications Officer*

Laura Fitzgerald  
*Hub Lead - Mental Health Collaborative and Responsive Engagement (CARE) Hub*

Lisa Bailey  
*Senior Workforce Development Officer*

Naomi Michel  
*Project Officer - NDIS QSC Sector Readiness Project*





## Membership 2020/2021

### Full Organisational Members

360 Health and Community  
 Aboriginal Males Healing Centre Strong Spirit  
 Strong Families Strong Culture Inc  
 Access Foundation WA  
 Accordwest  
 ADHD Western Australia Incorporated  
 Anglicare WA (Inc)  
 Avivo Live Life  
 BROS GLOBAL  
 Centrecare Inc  
 Chayah Independent NDIS Consultant & Services  
 Collective Hope Community Services Ltd  
 Collie Family Centre Inc  
 Consumers of Mental Health WA (CoMHWA)  
 Dismantle  
 District 360 Pty Ltd  
 Doors Wide Open  
 Dusty Roads WA LTD  
 Enable WA Inc  
 Even Keel Support Association  
 Financial Counsellors Association of WA  
 Foothills Mental Health and Wellbeing  
 Grief Centre of WA  
 Grow - Western Australia Branch  
 Healthy Mindz  
 HelpingMinds  
 Homeless Healthcare  
 Hope Community Services Ltd  
 Huntingdale Psychology Counselling & Clinical  
 Hypnotherapy  
 International Association for Human Values Australia Ltd  
 Ishar Multicultural Women's Health Services  
 Kidsafe WA  
 Lamp Inc  
 Lifeline WA (Living Stone Foundation Inc)  
 Mental Illness Fellowship of WA (MIFWA)

Mercy Community Services Limited  
 Mind Australia  
 Mission Australia  
 Multicultural Futures  
 My Choice Supports  
 My Place WA Ltd  
 My Way Community Alliance  
 Neami National  
 Northern Compassion Inc (Tenacious House)  
 Nulsen Group  
 Pathways SouthWest Inc  
 PeelConnect Incorporated  
 Perth Inner City Youth Service  
 Phoenix Support & Advocacy Service Inc  
 Quality Healthcare Solutions  
 Relationships Australia – Western Australia  
 Richmond Wellbeing Inc.  
 Rise Network Inc.  
 Ruah Community Services  
 Share&Care Community Services Group Inc  
 Sirens of Silence Charity Inc  
 Soldiers and Sirens  
 Sonic Minds  
 South Coastal Health & Community Services  
 Southern Cross Care (WA) Inc.  
 St Bartholomew's House  
 St John of God Social Outreach  
 St Vincent de Paul Society (WA) Inc  
 Sunshine Counselling and Support Services  
 Tender Care  
 The Inner Ninja Foundation  
 The Salvation Army Western Australia  
 Uniting WA  
 Youth Focus  
 Youth Futures WA  
 Yura Yungi Medical Services Aboriginal Corporation

**Associate Organisational Members**

Advanced Personnel Management  
 Cana Communities Inc  
 Cancer Council WA  
 City of Cockburn  
 City of Stirling  
 Claro Aged Care and Disability Services  
 ConnectGroups Support Groups Association WA Inc  
 Curtin University - Mentally Healthy WA  
 FCAWA  
 GP down south  
 Helena River Steiner School  
 Injury Control Council of WA (Injury Matters)  
 Margaret River Community Centre  
 Men's Sheds of WA  
 Moira Munro  
 My Place WA Ltd  
 North Metropolitan TAFE

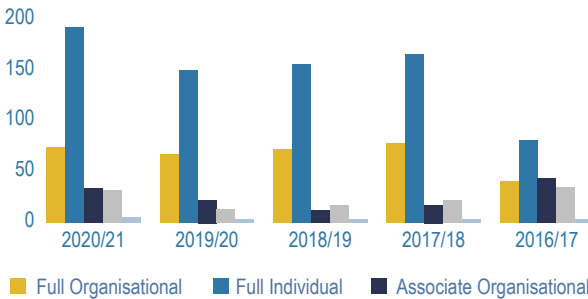
One2One  
 Palmerston Association Inc  
 PHASE  
 Quality Healthcare Solutions  
 RACWA Holdings  
 Royal Flying Doctor Service WA  
 Salisbury Home  
 SMR Learning t/a TrainSmart Australia  
 St Jude's Mental Health Services  
 The Spiers Centre Inc.  
 Tuart Place  
 Wanslea Limited  
 Women's Legal Service WA  
 You Me We Plus Pty Ltd ATF The Peka Trust  
 Zero2Hero

**TOTAL MEMBERS**

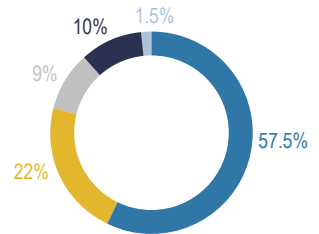
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Full Organisational	71	Associate Organisational	33
Full Individual Lived Experience	187	Associate Individual	30
Honorary	5		

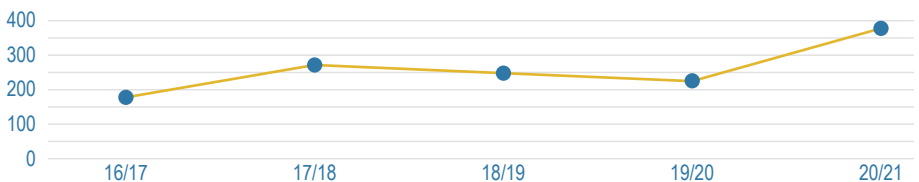
**Membership: Five-year comparison**



**2019/20 Membership by category**



**Total member growth: Five-year comparison**





## Systemic Advocacy

The Western Australian Association for Mental Health (WAAMH) was very active in 2020-21 on a range of advocacy issues including State budget analysis and advocacy, the Sustainable Health review, data and outcomes measurement work, patient flow and bed occupancy issues, mental health prevention and promotion, suicide prevention, workforce strategy, funding and procurement, the National Disability Insurance Scheme (NDIS), COVID-19, Aboriginal social and emotional wellbeing and federal mental health reform.

COVID was a focus for advocacy, with WAAMH working closely with government and non-government stakeholders to consult with the sector on scenario planning and sector representation and responses. WAAMH provided detailed advice to the WA Mental Health Commission (MHC) to inform business cases and the development of the new MHC initiative, the Active Recovery Team (ART) program. WAAMH also developed and launched the Mental Health Collaborative and Responsive (CARE) Hub.

WAAMH continued advocacy for increases in investment in mental health prevention to five per cent of the MHC budget by 2025, and in community supports to 22% of the MHC budget by 2025, in line with targets in the Western Australian Mental Health and Alcohol and Other Drug Services Plan 2015-2025.

WAAMH worked with The University of WA Centre for Social Impact and lived experience advisors to undertake a comprehensive research and co-design process to inform and develop six community supports models for development and implementation in WA. Focused on non-accommodation community support needs, the models highlighted the importance of choice to consumers and families, safe places to engage, a range of options required to meet diverse needs at different times, and the fundamental importance of both peer informed and peer-led options. The report and models were launched in November 2020 and have gained significant interest both in WA and nationally.

WAAMH continued a focus on youth mental health in general advocacy and, as a member of the Interagency Expert Advisory Group (EAG), supported the Ministerial Taskforce into Public Mental Health Services for Infants, Children and Adolescents aged 0-18 years in Western Australia (ICA Taskforce).

New relationships and an in-principle commitment to work together on MHC prevention activity were established with key MHC prevention staff. There was an increased focus on prevention and the social determinants of mental health in all our advocacy. Actively progressing relationship building work with stakeholders in various parts of the mental health system led to promoting integration and communication, and facilitating a platform for collaboration and shared understandings, which included the Royal Australian and New Zealand College of Psychiatrists, the Australasian College of Emergency Medicine and the Australian Medical Association (WA).



WAAMH's NDIS Sector Reference Group strengthened during 2020-21, with strong attendance at meetings, a request for more frequent meetings and resulting linked workforce development and advocacy activities. Membership review was undertaken in 2021 to attract two new remote and Aboriginal representatives, two new family members and one additional NDIS participant representative. The group also established a Recovery Coach working group, which collected and reviewed early data on the establishment of Recovery Coaches in WA. This informed consultations, submissions and other advocacy and representation.

WAAMH contributed directly to various national policy platforms including:

- Responses to the Productivity Commission Mental Health report
- Working with the WA Primary Health Alliance (WAPHA) to address mental health in primary care
- Responses to the following issues: the National Mental Health and Suicide Prevention Agreement
- Submissions to inquiries concerning mental health, suicide prevention and Disability Support Pension.

## Systemic Advocacy Snapshot

REPRESENTED ON

30

COMMITTEES &  
WORKING GROUPS

8

SECTOR FORUMS, CONSULTATIONS  
& SPECIAL EVENT PROGRAMS

18

SUBMISSIONS  
& REPORTS





## Sector Development & Training

The start of the 2020-21 period continued to be impacted by COVID-19, with trainings being rescheduled and pivoting to online delivery in some cases. However, the Western Australian Association for Mental Health (WAAMH) undertook a range of training and sector development activities with strong participation in the 2020-21 period.

Two key projects in 2020-21 included the National Disability Insurance Scheme Quality and Safeguards Commission (NDIS QSC) Sector Readiness Project and the Collaborative and Responsive Engagement Hub (CARE Hub):

### NDIS QSC Sector Readiness Project

The aim of this project is to provide innovative and tailored support to service providers delivering psychosocial supports to meet all QSC requirements and practice standards. WAAMH's role is to build the capacity of registered service providers to operate in compliance with Commission requirements through a two-phase approach, with Phase 1 (Engagement) taking place in 2020-21, and Phase 2 (Implementation) beginning in July 2021.

### Collaborative and Responsive Engagement Hub (CARE Hub)

CARE Hub was launched in February 2021. Funded by Lotterywest, the CARE Hub is an online community specifically for people with an interest in community mental health practice. It features free mental health training, spaces for collaboration and resource sharing, discussions around practice and a jobs board.

Since conceptualisation to date, the CARE Hub has:

- Attracted more than 1000 members.
- Collaborated with Uncle Ben Taylor Cuiermana to produce a Welcome to Country video for the CARE Hub.
- Supported 20 practice groups to be established in areas such as trauma-informed practice; exploring gender, language and diversity; allied health and community mental health; community of practice for protective behaviours practitioners; exploring neurodiversity; and supporting student mental health.
- Hosted 27 Hub events and training courses.
- Showcased the Safe Haven café and engaged with the Disability Royal Commission to help promote services and initiatives that may be relevant to Hub members.
- WAAMH is developing a Lotterywest grant application for a two-year pilot and evaluation of the Hub.

The Sector Development and Training team undertook many other key activities in the 2020-21 period, including:

- Developed and delivered a completely new WAAMH course – Supervision Skills.
- Supported Mental Health Matters 2 and Wellrounded to facilitate a café series of co-design workshops focused on the themes of fair facilitation, inclusive tools and creative design space.
- Supported the ongoing Depth of Field research led by Monash University, measuring the impact of six three-hour workshops that take a strengths-based approach to recovery and are designed to challenge implicit bias (stigma) and stereotypes and promote empathetic reflection.
- Collaborated with the WA Mental Health Commission (MHC) to provide a sector information session on the NDIS Recovery Coach line item.
- Worked in collaboration with SportWest, MHC and Healthway, with the support of the Department of Local Government, Sport and Cultural Industries to develop a framework to guide community sporting clubs and associations in responding to mental health issues.
- Completed the final report for the 'Developing the co-occurring mental health and AOD capability of 14 mental health and AOD services in rural and regional WA' project. The project was a partnership between the Western Australian Network of Alcohol and Other Drug Agencies (WANADA) and WAAMH, with funding by the WA Primary Health Alliance (WAPHA).
- Continued to support the Co-Design Community of Practice (CoP), facilitated by Mental Health Matters 2.
- Supported the MHC with its roll-out of the Workforce Strategic Framework and are keen to have a lead role in building sector capacity in accordance with the framework.
- Continued to strengthen our relationship with North Metro TAFE and TAFE drew on WAAMH training materials as planned in its course delivery.

## Sector Development and Training Snapshot

1756 PEOPLE TRAINED 

103 TRAINING & DEVELOPMENT PROGRAMS

44 SCHOLARSHIPS FOR PEOPLE WITH LIVED EXPERIENCE

16 SPECIAL EVENT PROGRAMS 



## Mental Health Promotion

It was a huge year for our Mental Health Promotion team as it was constantly pivoting to adjust to event and social restrictions implemented by the State government in response to the COVID-19 pandemic. Regardless of these challenges, staff still managed to deliver quality events and community and promotional activity both online and face-to-face when restrictions lifted.

As part of the 2020 COVID recovery strategy, we implemented monthly community webinars. Hosted on Facebook Live, these free webinars provided coping strategies, tips and support to assist the community.

### Webinars

#### Heath Black – Bouncing Back From Rock Bottom

In July WAAMH engaged former Australian Football League player (Fremantle Dockers and St Kilda), Heath Black with the aim of raising awareness for men and to also hopefully with engage some Aboriginal communities through their love of football. Mr Black shared his own lived experience story and how the pandemic encouraged him to take charge of his mental wellbeing and recovery.

Strong Spirit Strong Mind Aboriginal Programs manager Cliff Collard welcomed viewers on behalf of MHC and WAAMH and spoke about the Think Mental Health campaign. This webinar was widely promoted by other organisations that WAAMH contacted to assist with online advertising, including the West Australian Football Commission, Mates in Construction, Equally Well, Clontarf Foundation and various community resource centres across the State.

#### Tegan Davies – Not Just Bouncing Back But Bouncing Forward

The Orange Toolkit general manager, Tegan Davies, presented the fourth community webinar on general wellness. Ms Davies covered some of the science of positive psychology, neuroscience and emotional intelligence, providing viewers with practical tools to build their well-being and resilience during COVID-19 and beyond.

#### Claire Timmel – My Journey

This webinar was aimed at people with lived experience (consumers, carers and families) but also suitable for members of the general public. Claire Timmel spoke about her own living experience, being in and out of hospitals and mental health services throughout her life. This was followed by a session called Ask Anything, where the audience was asked to send in any question they had wanted to ask a person with lived experience. This session was very well received. To date this video has reached more than 3700 people on Facebook, with an additional 234 views on YouTube, plus views on the Mental Health Week website.

All webinars can still be viewed now at [mentalhealthweek.org.au/videos](https://mentalhealthweek.org.au/videos)

# Mental Health Week

Mental Health Week 2020 proved to be another successful, far-reaching community health activation campaign. WAAMH engaged the Activ Foundation to assemble 15,000 Mental Health Week awareness resource packs to provide an employment opportunity for its clients while putting funds into Activ’s social enterprise. We sought sponsorship from Richmond Wellbeing and St John of God Mental Wellbeing Services to create two Mental Health Week videos with a focus on recovery and wellbeing, featuring the voices of lived experience and community support service providers.

There was a strong public focus on Mental Health Week in 2020 with media coverage and monumental activity across social media. WAAMH trialed a new campaign with the aim to engage more corporate, community groups and schools – Mental Health Week Morning Tea, which Members of Parliament and other politicians also took part in. In partnership with the Perth Theatre Trust, the sell-out event, Stand Up! for Comedy was hosted as Mental Health Week’s Opening Ceremony at the Heath Ledger Theatre, with a special presentation from Minister for Health and Mental Health The Honourable Roger Cook MLA.

For the second year, WAAMH partnered with The Jungle Body to hold its annual Mega Fitness Class and held the Closing Ceremony at the Narrogin Town Hall in the Wheatbelt, with support from Mental Illness Fellowship of WA. The Magic Coat Day event was hosted in partnership with the Western Australian Cricket Association Ground. The purpose of the event was to showcase fun and safe ways for children to talk about mental health and provide tips and tools for staying well and having conversations. Guests at these events included Minister Cook, Parliamentary Secretary Hon. Alanna Clohesy MLC, representatives from the WA Mental Health Commission, people with lived experience, members of the general public and clients of and representatives from service providers.



**MENTAL HEALTH WEEK WEBSITE:**

**40,520**  
PAGE VIEWS &  
**18,902**  
USERS DURING  
OCTOBER 2020

**15,000**

MENTAL HEALTH WEEK PACKS WERE DISTRIBUTED ACROSS WA TO MORE THAN 70 LOCATIONS



**5000**

MENTAL HEALTH WEEK POSTCARDS DISTRIBUTED

**55,000+**

FACEBOOK USERS REACHED THROUGHOUT OCTOBER

234 groups (corporates, schools, community groups, not-for-profits organisations) registered for activities and events, or requested promotional materials, with the State breakdown being:

PERTH METRO: 172  
SOUTH WEST: 34

MID WEST: 6  
GOLDFIELDS: 6

GREAT SOUTHERN: 5  
WHEATBELT: 9

NORTH WEST: 8



WAAMH celebrated the winners of the 2020 WA Mental Health Awards in November at the Hyatt Regency in Perth. The Awards, which are presented with support from the WA Mental Health Commission, recognise the individuals and organisations that made outstanding contributions to mental health in the calendar year of 2019 through excellence, innovation, and initiative.

The Awards Ceremony is a stand-out event for the mental health sector in WA acknowledging the organisations and individuals doing incredible work to keep people here in WA mentally well.

In a sector which often comes with many quiet achievers, the Awards are an important opportunity to shine a light on their achievements and celebrate the passionate, hard-working and innovative mental health sector we're so lucky to have in WA.

Mental health is everyone's business and should be high on our agenda across the board. The WA Mental Health Awards recognise individuals and organisations from a diverse range of sectors for exactly this reason – mental health should be championed in the workplace, schools and community groups.

More than 160 nominations were received across the eight awards categories and were judged by a panel that included mental health sector employees, mental health lived experience consumers and carers, and WA Mental Health Commission representatives.

The number of nominations across categories outside of mainstream or traditional mental health settings signals the universal message of mental health awareness is being received, and people are taking steps to support and grow good mental health where they live, learn, work and play.

*And the winners in 2020 were...*

#### **WA Mental Health Commission Innovation for Change Award**

**FINALISTS**

- headspace Pilbara Hub
- Mercy Community Services
- The Royal Perth Bentley Group Mental Health Homeless Patient Pathway
- Ruah Community Services

#### **JOINT WINNERS**

Mercy Community Services  
and Ruah Community Services

**Even Keel Bipolar Association Diversity Award**

FINALISTS

- Spectrum Group – headspace Albany
- Bella Broadway
- South West Aboriginal Medical Services
- Clough

**WINNER**  
South West Aboriginal Medical Service

**Act Belong Commit Mental Health Volunteer or Employee Excellence Award**

FINALISTS

- Ashly Grabski
- Juana Terpou
- Lorenzo Martinez
- Jenny Cramer

**WINNER**  
Lorenzo Martinez

**Lifeline WA Promotion and / or Prevention Award**

FINALISTS

- Radiance Network
- The Wellbeing Zone
- Youth Focus
- Alive and Kicking Goals

**WINNER**  
The Wellbeing Zone

**Commissioner for Children and Young People Mentally Healthy Education Award**

FINALISTS

- SMYL Community College
- North Albany Senior High School
- Kinross Primary School
- Ocean Road Primary School

**JOINT WINNERS**  
North Albany Senior High School  
and Ocean Road Primary School

**Chamber of Minerals and Energy of WA Mentally Healthy Workplace Award**

FINALISTS

- Fortescue Metals Group
- St John of God Mt Lawley Hospital
- Sodexo
- Northern Star Resources

**WINNER**  
Sodexo

**Mental Illness Fellowship of WA Lived Experience Impact and Inspiration Award**

FINALISTS

- Katherine Houareau
- Julian Pace
- Ingrid Bentsen
- Virginia Catterall

**WINNER**  
Virginia Catterall

**News Media Awar**

FINALISTS

- Out In Perth
- ABC Radio Perth

**WINNER**  
Out in Perth



## IPS WORKS

# Individual Placement and Support

The internationally acclaimed Individual Placement & Support (IPS) evidence-based employment model was first adopted by WAAMH a decade ago and has been building momentum around the country since.

WAAMH provides IPS technical support to mental health and disability employment providers, and is contracted as the official fidelity reviewer for the program providing implementation assistance, training support and fidelity reviews to an ever-expanding number of national locations.

On the back of continued successful employment and wellbeing outcomes for people with complex mental health issues all over Australia, the Department of Social Services (DSS) Individual Placement & Support Youth Trial was expanded from 24 sites to 50 sites in May, and extended from June 2021 to June 2024. It is no longer a trial and instead referred to as the DSS IPS Youth Program.

The DSS headspace trial started in 2017 with 10 sites, before extending to 24 sites in 2019, and now it will reach a record 50 sites. By mid-year, there were a further 12 sites in New South Wales, one in Australian Capital Territory, two in Northern Territory, 10 in Queensland, five in South Australia, two in Tasmania, 11 in Victoria, and seven in WA.

IPS WORKS is the perfect example of a community support model keeping people well and providing a sense of belonging, hope and purpose by supporting the obtainment of meaningful employment as part of a recovery journey. Work is an important part of people's lives. It often means more than just getting paid - it empowers people by providing a means to make own choices about how they want to live their life.

For people with mental health challenges, employment can be an essential part of their recovery.

In 2021, the IPS WORKS team created for 'A day in the life of a vocational specialist' and 'A day in the life of an IPS supervisor' videos, detailing several young people's experiences of utilising IPS in the regions to gain employment to further promote the model and encourage more workers to enter the industry.

IPS WORKS launched an online IPS practitioner and supervisor training course, with a two-day hybrid learning collaborative being held in May 2021 across the country. The course included face-to-face events in Perth, Brisbane, Sydney and Melbourne, facilitated in Perth and live streamed to all locations to interact with each other. The event was a mix of upskilling on IPS principles and practice, a networking event to learn from others on best practice via presentations and Q&A sessions, an opportunity to create a mentoring network and give feedback to DSS on the next phase of the program. A mix of in-person and online support continued throughout the COVID-19 phase.



# IPS WORKS

Individual Placement & Support

- |                |                   |                     |                |                |
|----------------|-------------------|---------------------|----------------|----------------|
| 1. Tuggeranong | 11. Tamworth      | 21. Mackay          | 31. Devonport  | 41. Sunshine   |
| 2. Ashfield    | 12. Wagga Wagga   | 22. Meadowbrook     | 32. Hobart     | 42. Warrambool |
| 3. Bankstown   | 13. Wollongong    | 23. Mount Isa       | 33. Ballarat   | 43. Werribee   |
| 4. Bega        | 14. Alice Springs | 24. Rockhampton     | 34. Bendigo    | 44. Albany     |
| 5. Dubbo       | 15. Darwin        | 25. Townsville      | 35. Dandenong  | 45. Broome     |
| 6. Gosford     | 16. Caboolture    | 26. Edinburgh North | 36. Frankston  | 46. Bunbury    |
| 7. Grafton     | 17. Cairns        | 27. Murray Bridge   | 37. Geelong    | 47. Geraldton  |
| 8. Newcastle   | 18. Hervey Bay    | 28. Onkaparinga     | 38. Knox       | 48. Joondalup  |
| 9. Nowra       | 19. Inala         | 29. Port Augusta    | 39. Melton     | 49. Kalgoorlie |
| 10. Penrith    | 20. Ipswich       | 30. Port Lincoln    | 40. Shepparton | 50. Midland    |





## Prevent Support Heal

Prevent Support Heal was an election campaign aimed at securing an increase in the prevention spend from one per cent to five per cent; and community support services from eight per cent to 22 per cent of the overall mental health budget, as per the optimal mix specified in the State Government's 'Better Choices, Better Lives: Mental Health and AOD Services Plan 2015-2025'.

The campaign represented a community of people with mental health challenges, families, friends, the services supporting them, and people who understood investment in prevention and community supports could improve mental health outcomes, and reduce people reaching crisis levels of distress requiring urgent hospital attention.

The campaign took a bold path, raising monumental and passionate support from people in the community at events, online connections and collecting signatures for a petition to Parliament.

### Key moments

The Prevent Support Heal campaign reached its highest point during the 2020-21 financial year, as the mobilising, organising, media and political engagement peaked leading up to the State Election in March.

Important milestones for the campaign included the State Election platform launch at the Heath Ledger Theatre, Perth, in September, which was attended by 130 people. It was here, we launched our manifesto report, derived from The University of WA's Centre for Social Impact work on community support for people with mental health challenges. This report was used as a tool to advocate to Members of Parliament about the kinds of community support people wanted to see in their community.

Events throughout the campaign included a rally in November, a Mental Health Election Forum and an online youth rally organised by the Youth Steering Committee. Events across the campaign attracted several politicians from major parties, including then Minister for Health and Mental Health The Hon. Roger Cook MLA; The Nationals WA leader, Mia Davies; Greens (WA) spokesperson Alison Xamon; and Liberals WA spokesperson Liza Harvey. Events were also well attended by the public – online and face-to-face – attracting good media coverage in *The West Australian* and on ABC TV.

After the election result in March, we began an organising structure that enabled people with lived experience to develop their own localised strategies under the Prevent Support Heal campaign. Pre-election, the Youth Steering Committee was formed, which powered their own campaigning and voice. Post-election we supported the development of three more teams, The Real People for Change to complete the petition strategy; The Busselton Committee; and the Families for Change committee, which developed the ongoing 1000 Flowers Campaign.

## Key Statistics



5 TV FEATURES

5 ONLINE ARTICLES

7 RADIO INTERVIEWS

15 NEWSPAPER ARTICLES

1247 PHYSICAL PETITION SIGNATURES

2016 ONLINE SIGNATURES COLLECTED AT EVENTS AND TRAINING DAYS

2227 PEOPLE SIGN UP TO JOIN THE PREVENT SUPPORT HEAL CAMPAIGN

234 LETTERS WRITTEN TO 55 MEMBERS OF PARLIAMENT

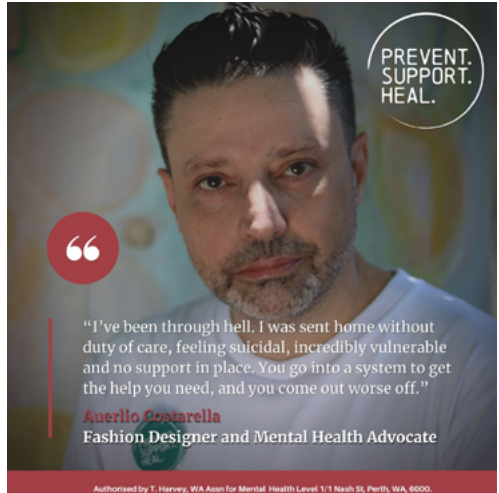
100 VOLUNTEERS FOR DOOR KNOCKS, PHONE BANKING, MARKET STALLS, COLLECT SIGNATURES, HAND OUT FLYERS

52 DIRECT EMAILS WITH CALLS TO ACTION, CAMPAIGN INFO AND EVENT INVITES

20,752 WEBSITE PAGE VIEWS

194,686 ORGANIC REACHES ON FACEBOOK

325,828 TOTAL IMPRESSIONS ON INSTAGRAM





## Projects

Projects are an important way for WAAMH to achieve its strategic priorities, enabling us to address unmet needs and contribute to work we are unable to do from our core funding. Projects provide a way for WAAMH to support, pilot and test out new initiatives, identify and understand sector needs and address the needs of people disadvantaged and vulnerable in the mental health system.

In a record year for project activity, WAAMH used its projects to build and strengthen collaboration and partnerships with people with lived experience, non-government organisations, other peak bodies, government agencies, mental health services, other sectors, and people with an interest in mental health. In 2020-21 WAAMH completed several major projects, commenced additional projects for 2021-22 completion, and worked on implementing findings and recommendations from 2019-20 projects.

### Personality Disorders Statewide Model of Care

In 2020-21 WAAMH worked with the Personality Disorders Sub-Network and the Mental Health Network to develop an innovative Statewide model of care for personality disorders. The model was developed through an extensive process of co-design led by people with lived experience, consumers, parents and family members, carers, clinicians, service providers, policy makers, funders and other stakeholders.

WAAMH acted as the project manager and steward of the project, although the development and design of the model was undertaken by the Personality Disorders Sub-Network and the Mental Health Network co-leads, in partnership with key stakeholders.

### Mental Health and Community Sport

In 2020-2021 WAAMH partnered with SportWest for a project which involved consultation with community sporting clubs, State sporting associations, mental health services and providers of mental health in sport programs. Other partners in the project included MHC, WA Local Government Association, Healthway (which funded the project) and the Department of Local Government, Sport, Cultural Industries.

The project was borne out of the recognition that community sporting clubs, associations and leagues provide protective support and benefits towards mental wellbeing and health, however they require supports to assist their members and their communities to better connect with mental health supports and services. The key outcome has been the development of a guiding framework, a report and a series of recommended priorities to enable community sport to respond better to mental health issues.

SportWest plans to launch the framework soon and is developing a plan to provide ongoing support to community sporting clubs and State sporting associations on mental wellbeing and health.

### **Rural Co-Occurring Capability Assessment project**

Completed in 2020-21, the Rural Co-occurring Capability Assessment project was a partnership between the WA Network of Alcohol and other Drug Agencies and WAAMH. It recruited 14 regional services, comprising one alcohol and other drug (AOD) service and one mental health service in each of the seven WA country health regions to assess their co-occurring mental health and alcohol and other drug capabilities. The services participated in a collaborative self-assessment process, using an empirically tested tool, either the Dual Diagnosis Capability in Alcohol and other Drug Treatment or the Dual Diagnosis Capability in Mental Health Treatment to assess their capability to work with and support people with co-occurring disorders. The project also included an Aboriginal controlled health service and the development and trial of a WA tool to enable agencies to self-assess their co-occurring capacity.

### **Regional Mental Health Community Support**

During 2020-21 WAAMH began planning for the Regional Mental Health Community Support project which aims to understand the need for formal and informal community mental health supports in three rural regions and how they can be strengthened and better supported. The project is being undertaken in partnership with the Centre for Social Impact at The University of Western Australia, which will undertake a series of strategic interviews and manage a survey.

### **A scoping project for an IPS model in the criminal justice system**

WAAMH has partnered with the WA Justice Association to scope up a model of employment support, specifically the Individual Placement and Support (IPS) model for use with people with mental health issues with offending histories in the criminal justice system to address the issue of employment.

### **WAAMH's Review of the ILP**

WAAMH undertook a review of the Independent Living Program (ILP), which is a supported accommodation program funded by MHC. We have been part of a working party established by MHC to implement the recommendations of the ILP Review. The working party has combed through each recommendation with key stakeholders, enabling it to improve the program, in line with WAAMH's original recommendations.

### **Youth mental health project**

In 2020 WAAMH undertook a second youth mental health project which identified problems and challenges in the delivery of mental health services and supports to young people and identified possible solutions for change. WAAMH's supported accommodation projects also made several recommendations about the need for youth mental health supported accommodation services.

### **A project into referral pathways in mental health supported accommodation**

In our project into referral pathways and processes in the mental health supported accommodation system we worked with MHC to undertake a review and revision of the draft project report, with the goal of making the document a more effective catalyst for change in the supported accommodation area. The report has informed work currently being undertaken by MHC in its implementation of an agenda for change in mental health supported accommodation. WAAMH has also used the project findings and recommendations to influence the development of policy and service models in the housing and homelessness area.

# Financial Overview



At the 2020 AGM, WAAMH's members appointed RSM Australia as WAAMH's new Auditor, commencing 2020/2021 financial year. We'd like to acknowledge and thank Ray Woolley from Ray Woolley Pty Ltd, our previous auditor, for his many years of service and support.

RSM has supported WAAMH management in the application of several new Australian Accounting Standards which has required the restatement of the previous year figures 2019/2020. Specifically, these have included AASB 15 Revenue from Contracts with Customers, AASB 1058 Income of Not-for-Profit Entities and AASB 16 Leases.

This has created a significant grant revenue reduction from the previous year. This is not an indication that grant funding has reduced but rather that under the applied standards certain funds were required to be realised in previous financial years. Moving forward this may create larger surpluses or deficits as revenue is realised in one year and the grant expenditure is utilised in the next.

## Revenue

Most revenue areas increased during 2020/2021, however grant revenue has been influenced in the report by the application of AASB 15 and AASB 1058. Events and Activities revenue decreased as there was no State Mental Health Conference being held in the financial year.

Training and Program Fees increased in 2020/21 and training attendance increased, both online and face-to-face. This followed a reduction in training in 2019/20 due to COVID-19 public health measures which reduced our ability to deliver face-to-face training and had a short-term impact on training demand.

WAAMH's membership numbers and revenue increased, with strong growth in full individual members. Other revenue also increased, partly associated with the Government COVID-19 subsidies.

## Expenditure

WAAMH saw an expenditure increase in 2020/2021, being directly influenced by its existing contracts including the Mental Health Commission service agreement, active grants, contracted projects, and training & event commitments.

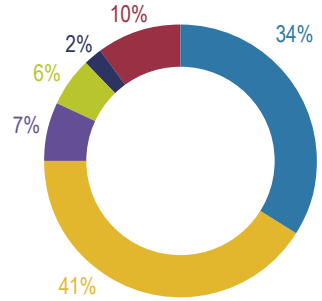
There was a decrease in Systemic Advocacy expenditure after the significant increase in 2019/2020. Both Sector Capacity Building and Workforce Development & Training saw increases in expenditure, related to the NDIS and CARE Hub projects along with an increase in training as COVID-19 restrictions reduced.

Efficient operations and robust governance remained a priority for WAAMH, with these administrative expenses being maintained at 11% of WAAMH's expenditure.

WAAMH retains a good financial position moving into 2021/2022 with diverse and strong funding streams allowing the organisation to continue to advocate for and develop the WA Community Mental Health Sector.

**Revenue 2020-21**

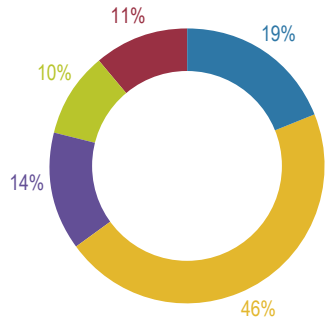
- Service agreements
- Events & activities
- Grants
- Membership fees
- Training & program fees
- Other revenue



INCOME	2020-2021	2019-2020
Service agreements	\$1,048,666	\$907,019
Grants	\$1,248,745	\$2,072,907
Training & program fees	\$217,046	\$141,594
Events & activities	\$162,353	\$248,242
Membership fees	\$72,618	\$63,117
Other income	\$313,704	\$231,656
<b>Total income</b>	<b>\$3,063,132</b>	<b>\$3,664,535</b>

**Expenditure by Activity 2020-21**

- Systemic Advocacy
- Sector Capacity Building
- Workforce Development & Training
- Mental Health Promotion
- General Operations & Governance



EXPENDITURE BY ACTIVITY	2020-2021	2019-2020
Systemic Advocacy	\$625,752	\$762,448
Sector Capacity Building	\$1,551,007	\$1,021,404
Workforce Development & Training	\$458,766	\$244,488
Mental Health Promotion	\$327,093	\$380,329
General Operations & Governance	\$367,388	\$315,250
<b>Total expenditure</b>	<b>\$3,330,006</b>	<b>\$2,723,919</b>

# 2021

## Strong and thriving mental health community

At the Western Australian Association for Mental Health (WAAMH) we work to support and enable recovery in people affected by mental health concerns, through the development and representation of community mental health service providers, and by our direct engagement in understanding the experiences of people living with mental health challenges in WA.

We work to influence policy and funding decisions that will help create a strong and sustainable range of community mental health services, to provide contemporary, individualised and responsive support for people across the breadth of our State.



**WAAMH**

Western Australian Association  
for Mental Health



### Membership

Join a network that influences mental health priorities and community attitudes.



### Service directory

Find a community mental health service in your area.



### Support us

Corporate partnerships, sponsorship, donations, bequests and volunteering.

 @WAMentalHealth

 08 6246 3000

 @TheWAAMH

 [info@waamh.org.au](mailto:info@waamh.org.au)

 @MentalHealthWeekWA

 [waamh.org.au](http://waamh.org.au)